

# **Targeting cytokines in Inflammatory Bowel Diseases**

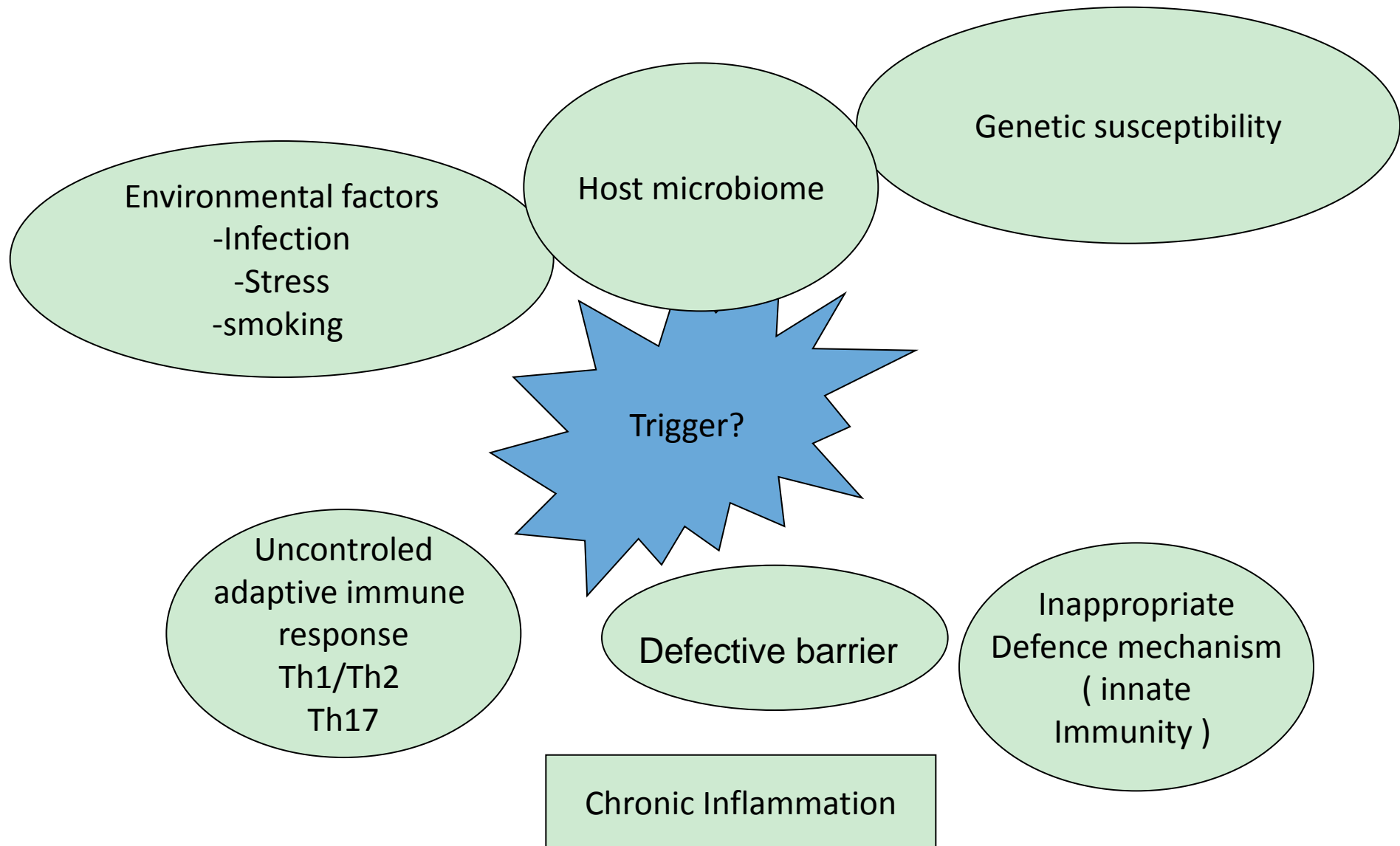
Paul Rutgeerts, MD, PhD, FRCP, AGAF  
University of Leuven, Belgium

ULB Brussels Nov 10, 2015

# The spectrum of IBD...

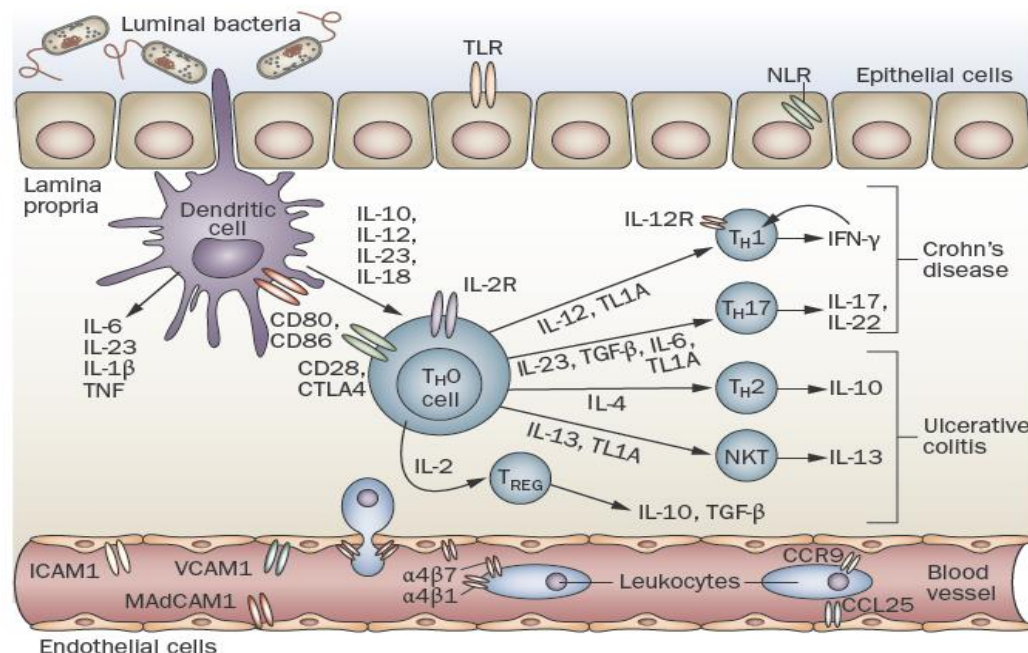


# Etio-pathogenesis of Inflammatory Bowel Diseases



# Targeting Cytokines in IBD

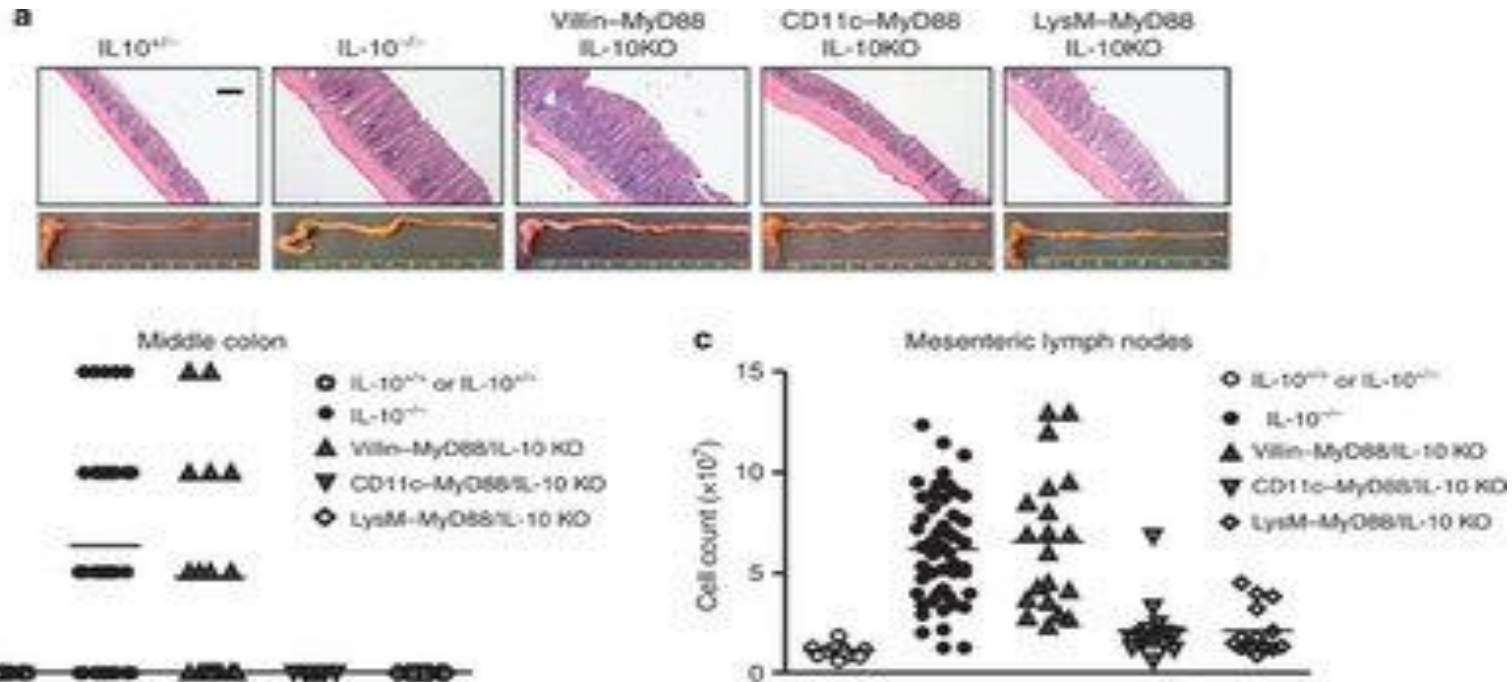
- Recombinant human cytokines: rhIL-10, rhIL-11
- Selective blockade of a single cytokine: monoclonal antibodies to TNF, IL-12/23, IL-23, IL-6, IL-17
- Broad blockade of intracellular pathways: JAKs, Smad7
- Anti-migration strategies inhibiting pathways; targeting  $\alpha 4$ -,  $\alpha 4\beta 7$ -,  $\beta 7$ - integrins or MadCam-1



Melmed GY et al. Nat  
Rev Gastroenterol  
Hepatol 2010;7:110-7



# Recombinant human interleukin 10 to treat IBD



R Kühn, J Löhler, D Rennick, K Rajewsky, W Müller

**Interleukin-10—deficient mice develop chronic enterocolitis**

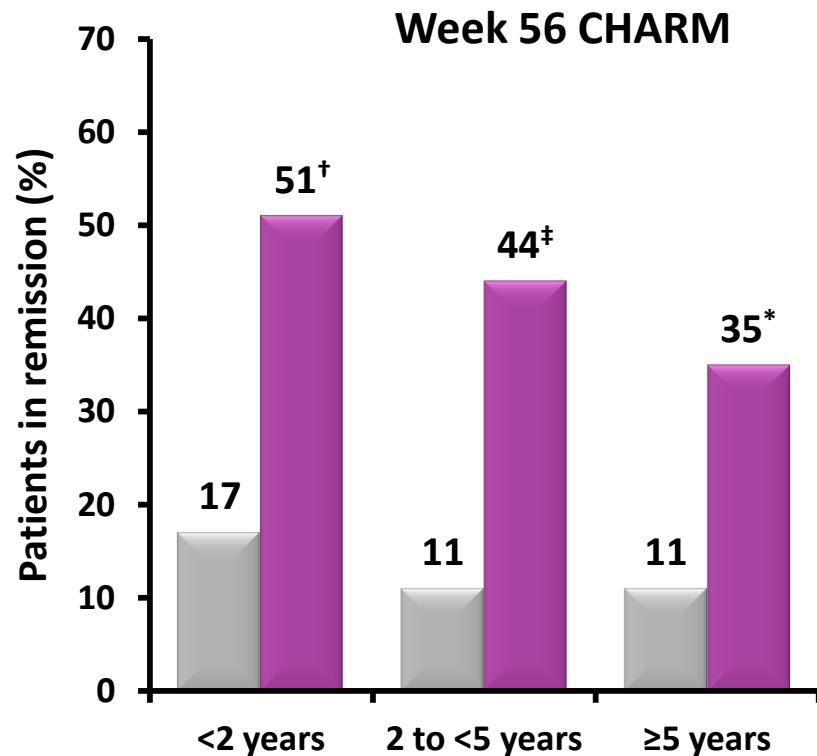
Cell, 75 (1993), pp. 263–274

# Anti-TNF strategies in IBD: specifics



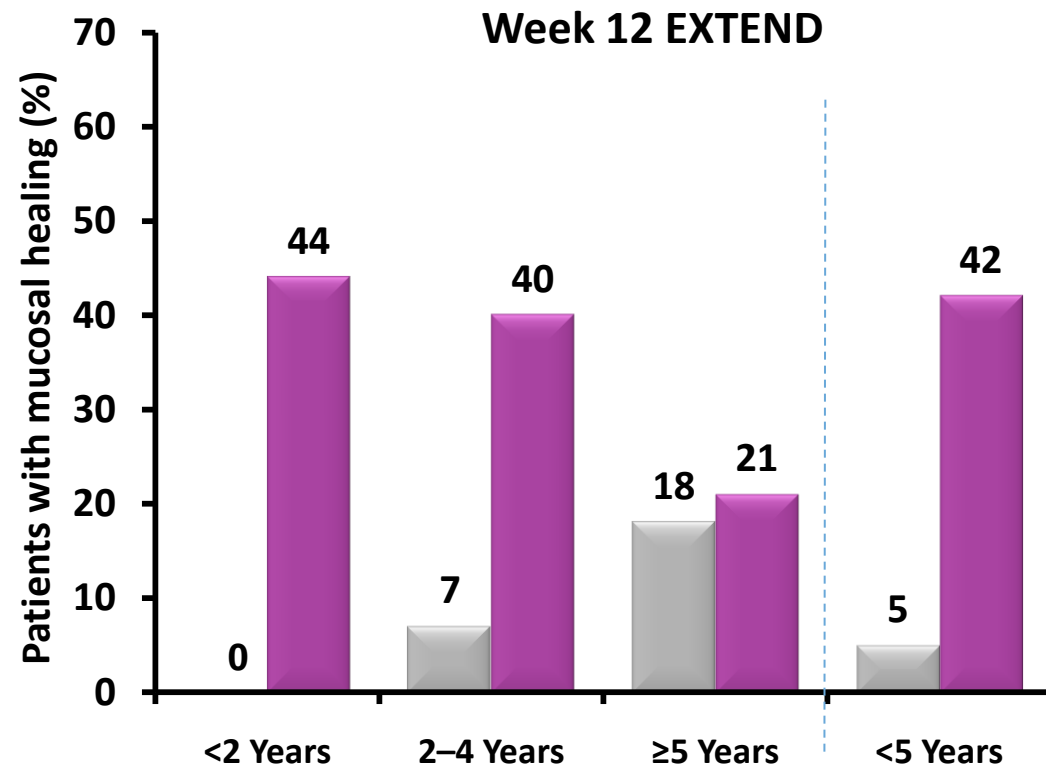
- Anti-TNF/azathioprine combination therapy is more effective than monotherapy
- Mucosal healing is the main treatment goal: treat-to-target (T2T)
- Early disease responds better to anti-TNF than late disease
- Antibodies to any anti-TNF agent are associated with treatment failure
- Drug exposure influences outcome. The importance of therapeutic drug monitoring (TDM)
- Patients who have been anti-TNF exposed respond less well to other biologicals

# Early Crohn's disease shows high levels of remission and mucosal healing with adalimumab



\* $p < 0.001$ ; <sup>†</sup> $p = 0.014$ ; <sup>‡</sup> $p = 0.001$ ; all vs placebo

<2 years: PBO n=23, HUMIRA n=39; 2 to <5 years: PBO n=36, HUMIRA n=57;  
 ≥5 years: PBO n=111, HUMIRA n=233



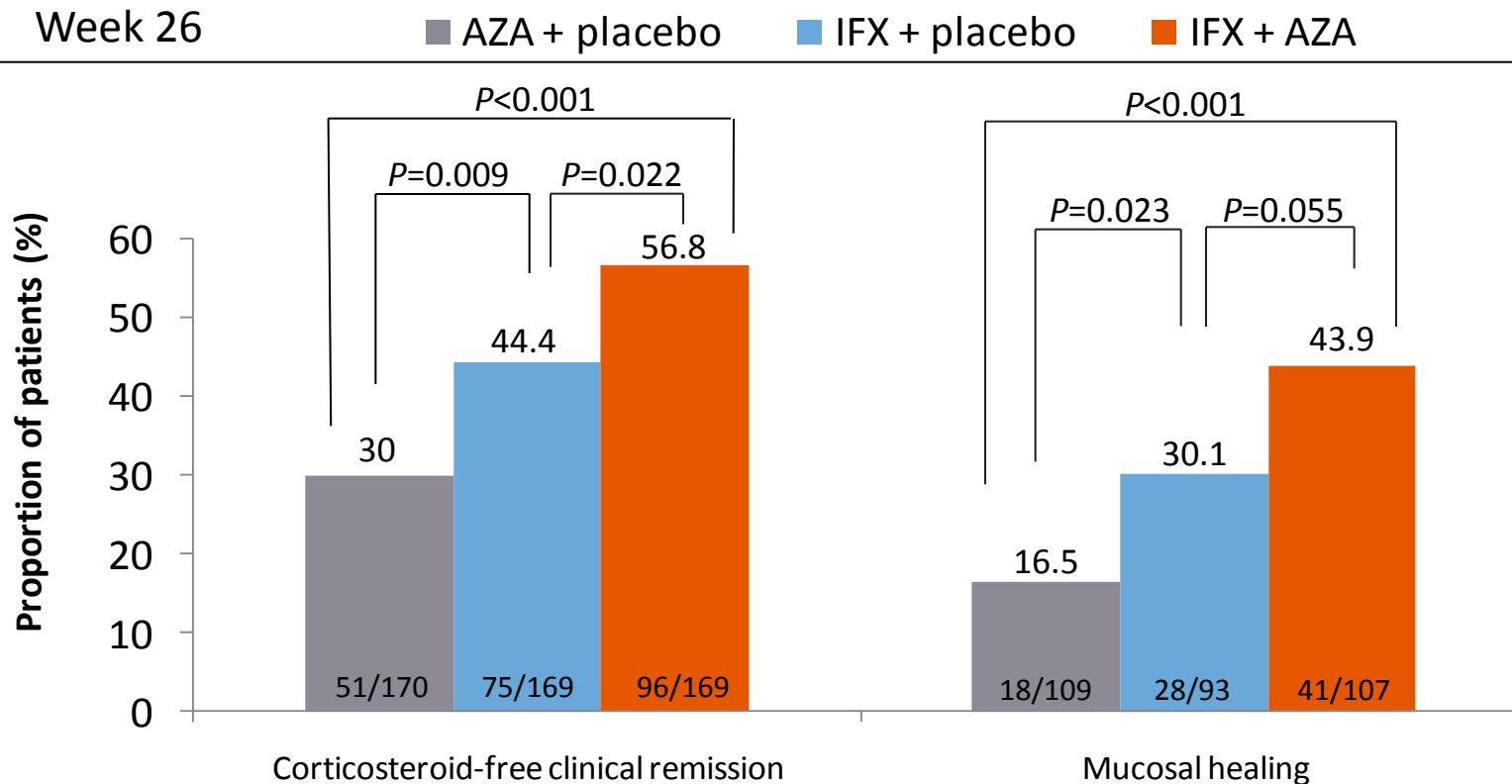
NRI. N=123 patients with ulceration at baseline screening.  
 $p = 0.029$  (Breslow-Day test) for the differential effect in patients with  
 CD duration <5 years vs. ≥5 years

Sandborn WJ, et al. Gastroenterology 2010;138(Suppl 1):S-164. Poster at DDW 2010, New Orleans, USA;  
 Sandborn WJ, et al. J Crohns Colitis Suppl 2010;4:S36-S37. Poster P060 at ECCO 2010, Prague, Czech Republic.

# Combination therapy in Crohn's disease results in improved mucosal healing and corticosteroid-free clinical remission compared to monotherapy



## Sonic Study



AZA: azathioprine; IFX: infliximab

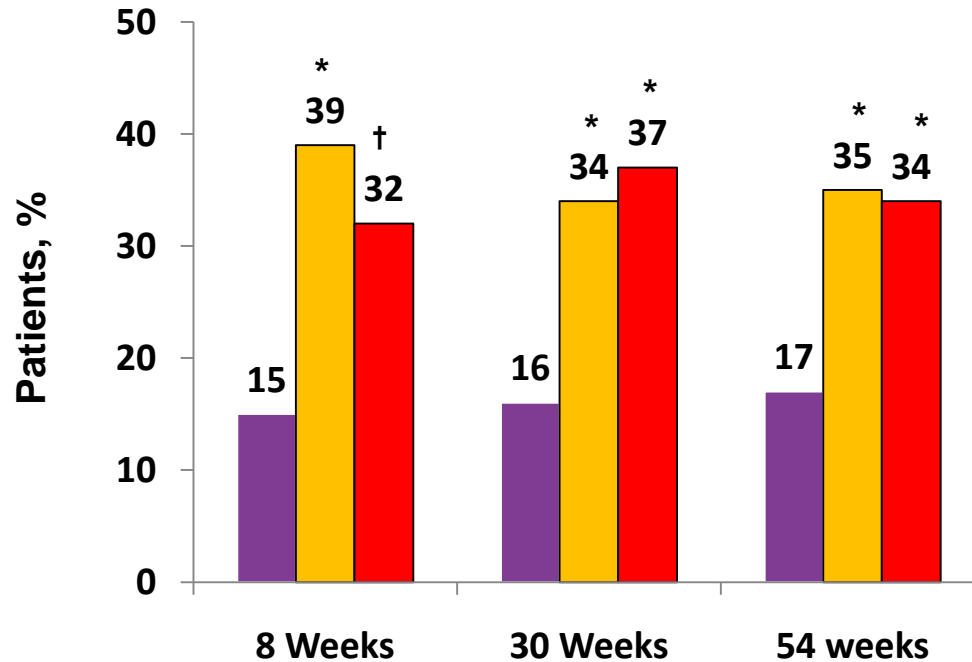
Crohn's disease naïve to azathioprine and anti-TNF



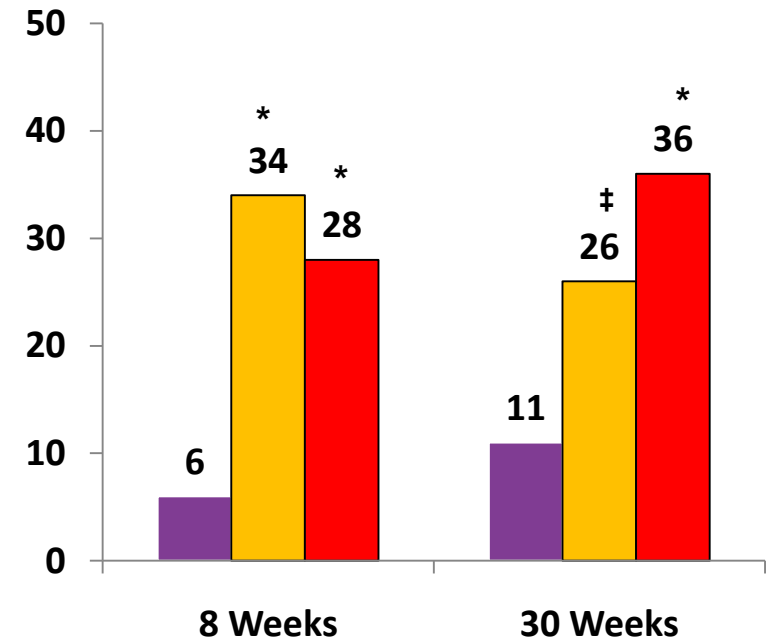
# Infliximab for the Maintenance of Clinical Remission in Moderate-to-Severe Ulcerative Colitis



□ Placebo      ■ Infliximab 5 mg/kg      ■ Infliximab 10 mg/kg



Active Ulcerative Colitis Trial 1



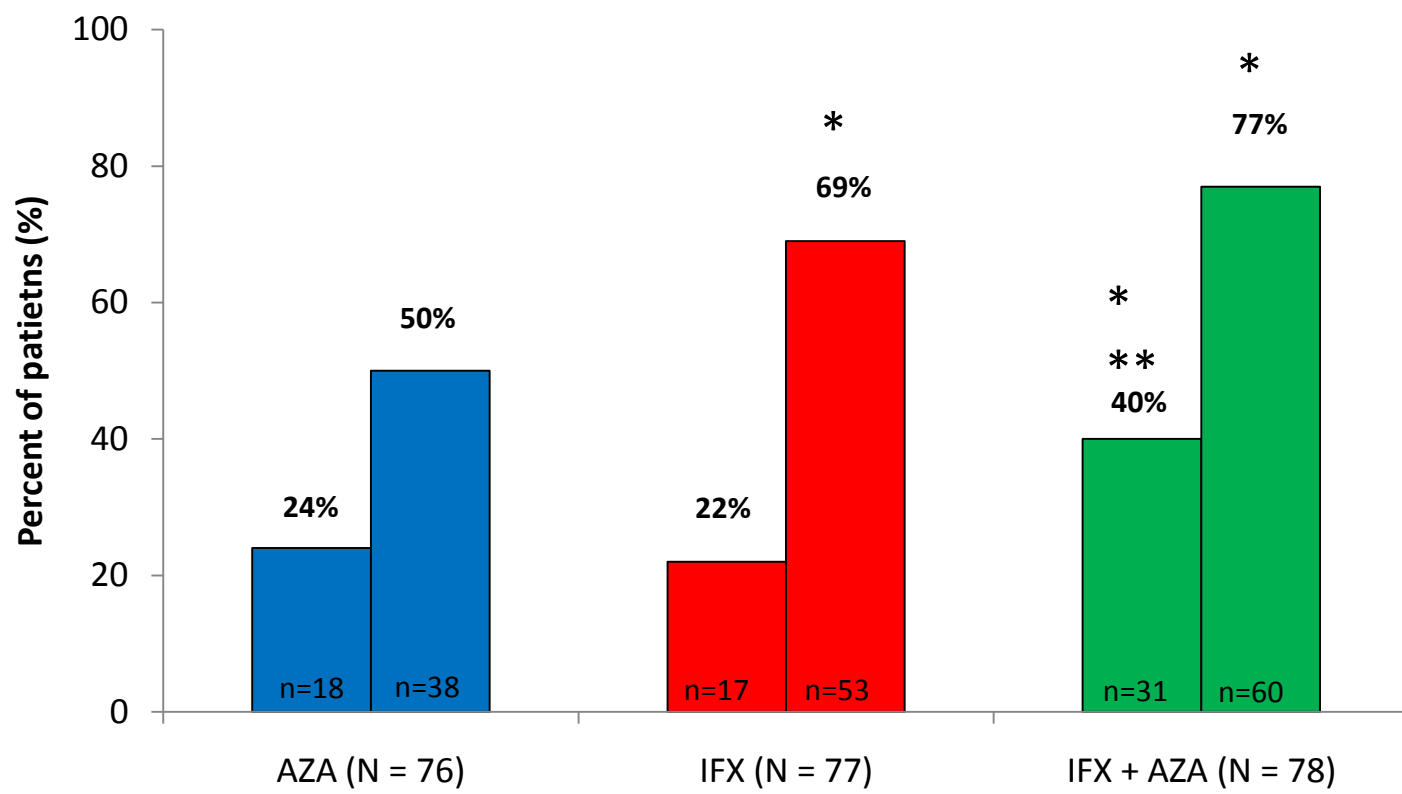
Active Ulcerative Colitis Trial 2

N = 364 patients in each randomized, double-blind, placebo-controlled studies.

\* $P < 0.001$ ; † $P = 0.002$ ; ‡ $P = 0.003$ ; all comparisons vs placebo.

# Infliximab, Azathioprine, or Infliximab + Azathioprine for Moderate to Severe Ulcerative Colitis: UC SUCCESS Trial

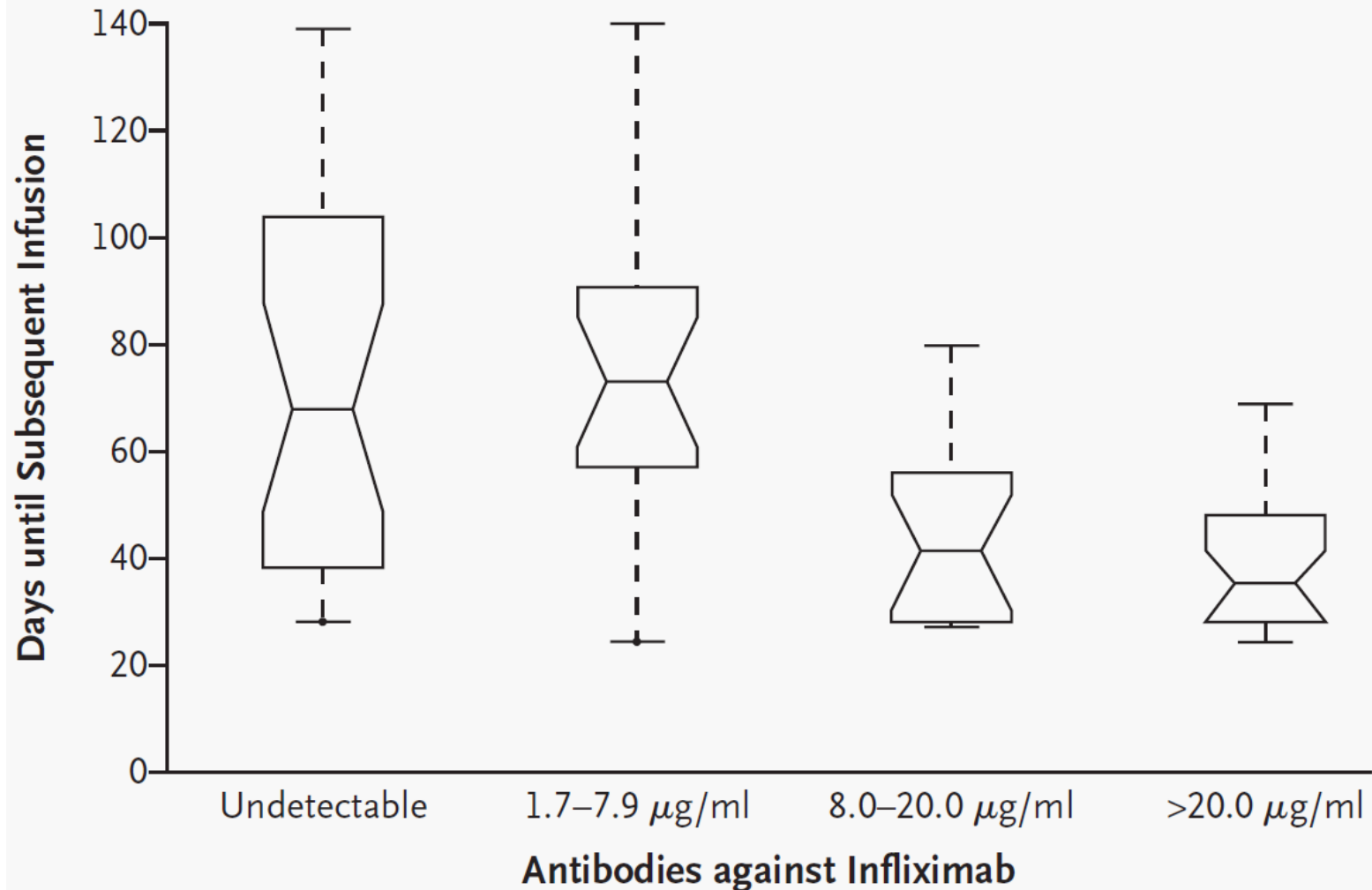
## Remission and response at week 16



\* vs AZA

\*\* vs IFX

# Duration of Response According to the Concentration of ATIs before an Infusion.

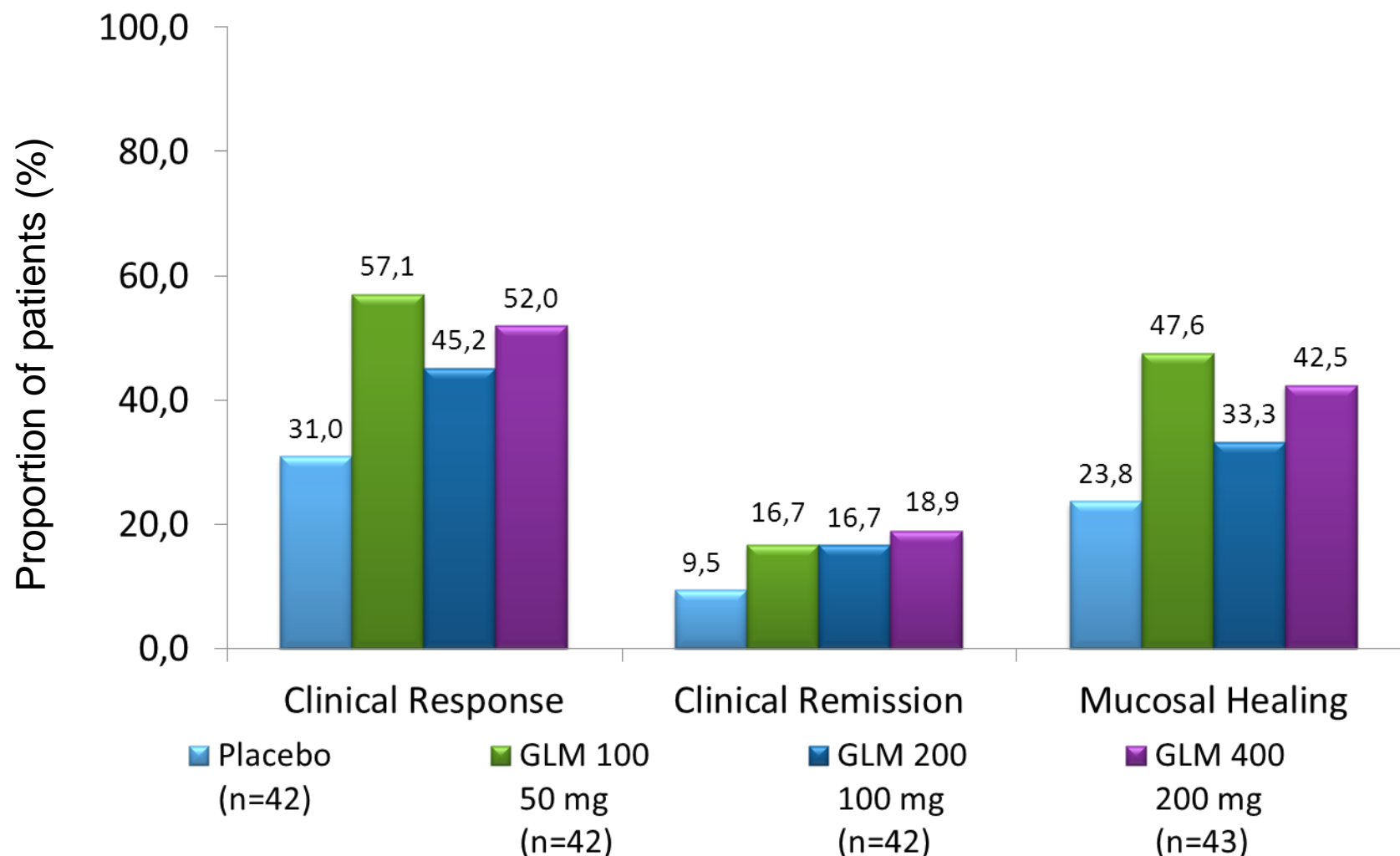


# Drug Exposure : the critical factor determining efficacy of a biological agent

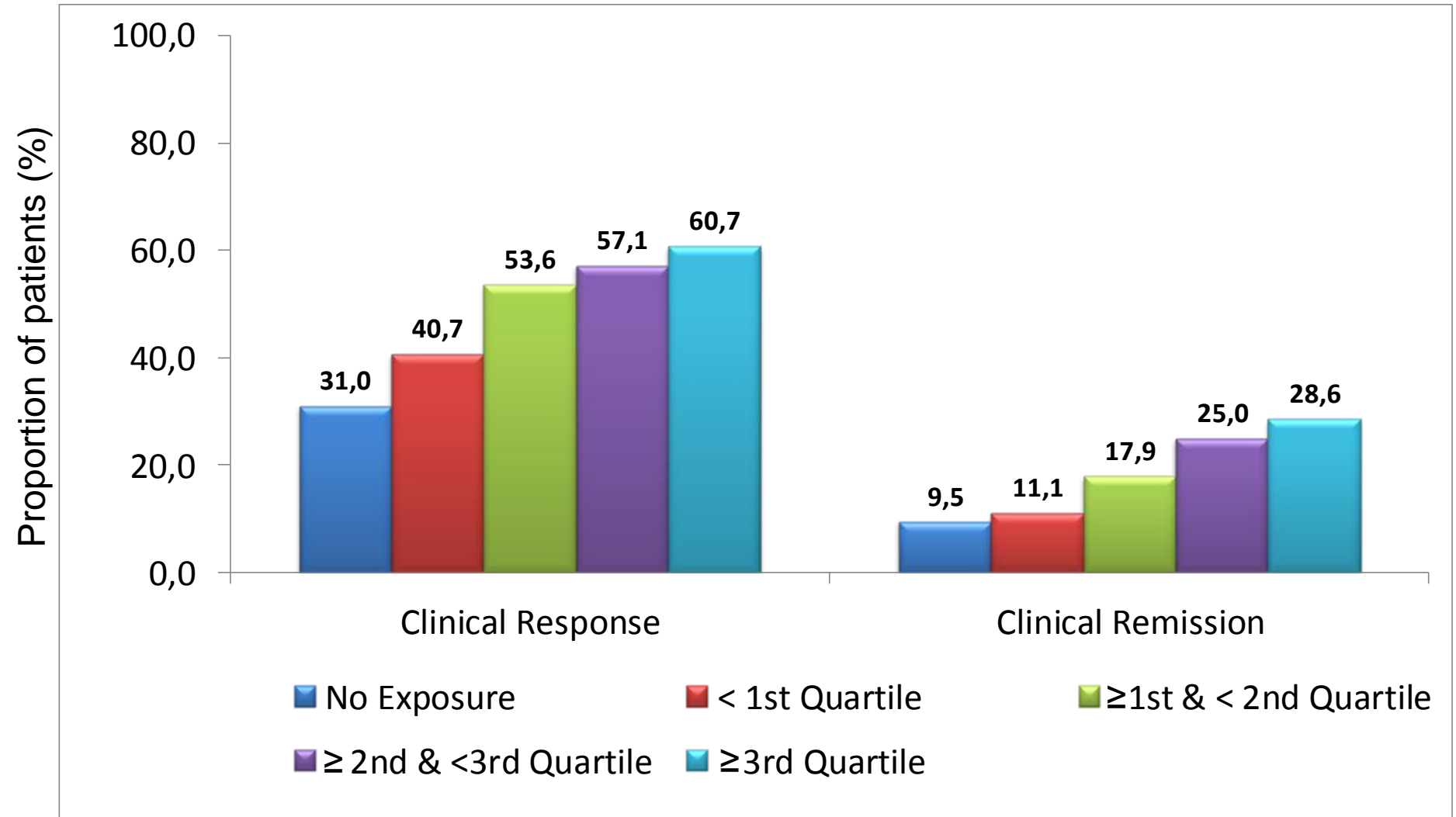


- Exposure: the amount of drug that the body has really 'seen'. Area under the curve
- (Trough) levels determine exposure
- For small molecules there is a linear relationship between administered dose and exposure. This is not the case for biological agents
- Dose-response analyses need to be replaced by exposure-response studies

# PUSUIT-SC Induction: Phase 2 Dose-Ranging of Golimumab: Clinical Endpoints at Week 6



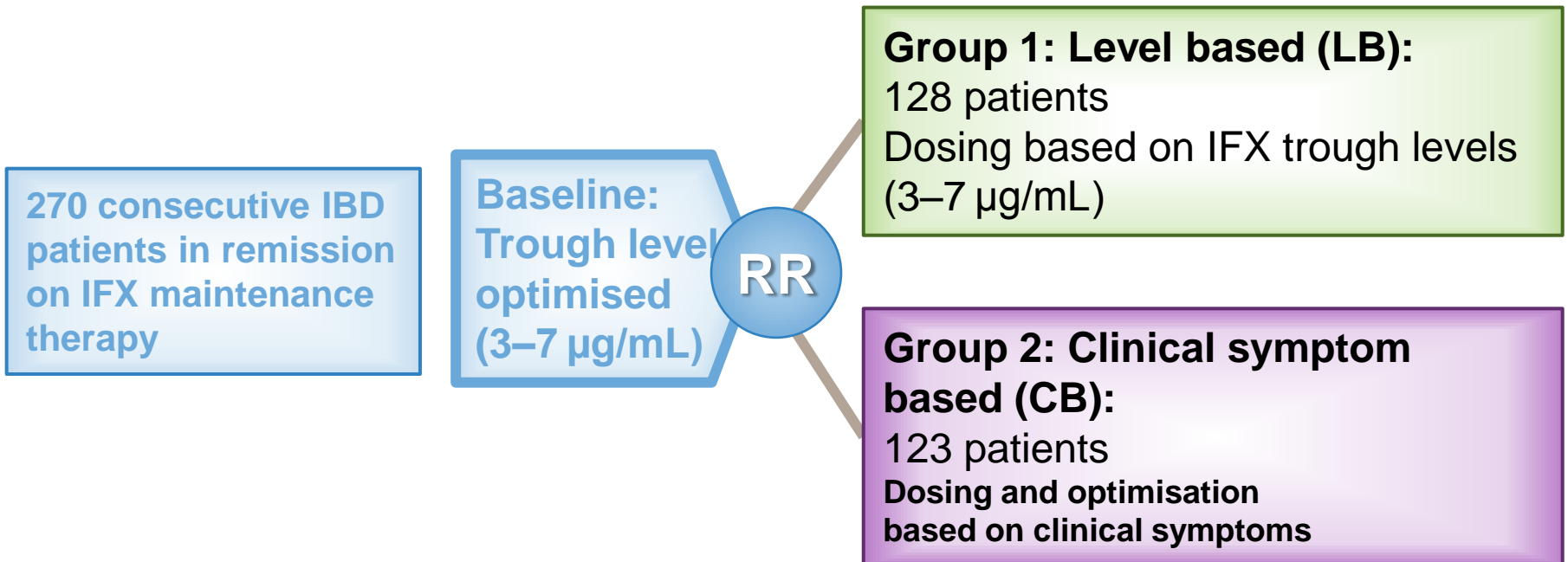
# PURSUIT-SC Golimumab (Simponi) induction in anti-TNF naïve refractory UC: Phase 2 Dose- Ranging: Clinical Endpoints by Serum Golimumab Concentration Quartile at Week 6





# TAXIT trial

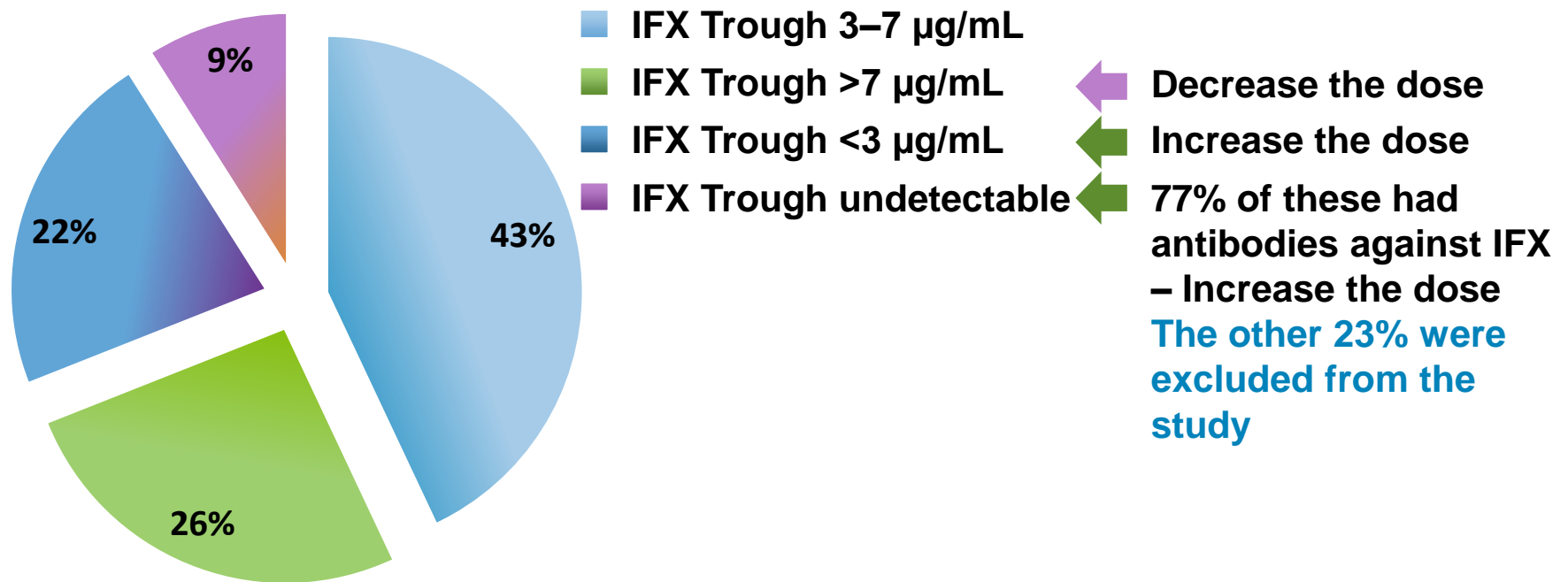
Individualised infliximab treatment using therapeutic drug monitoring: A prospective controlled **T**rough level **A**dapted infli**X**imab **T**reatment trial



**Primary endpoint:**  
**clinical and biological (CRP <5 mg/L) remission at one year**

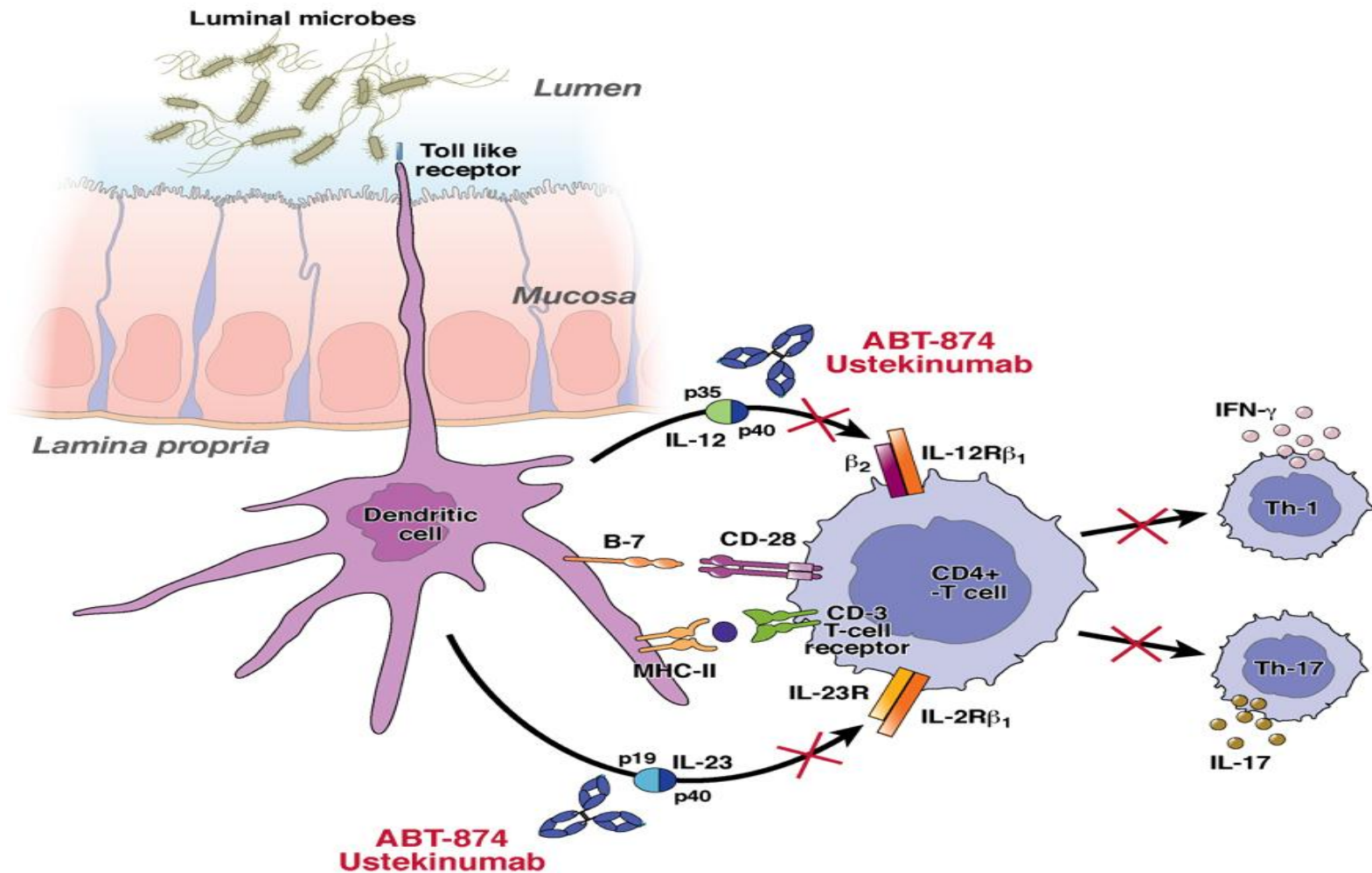
# TAXIT trial

Results of the optimisation phase.  
Patients in clinical remission (n=260)



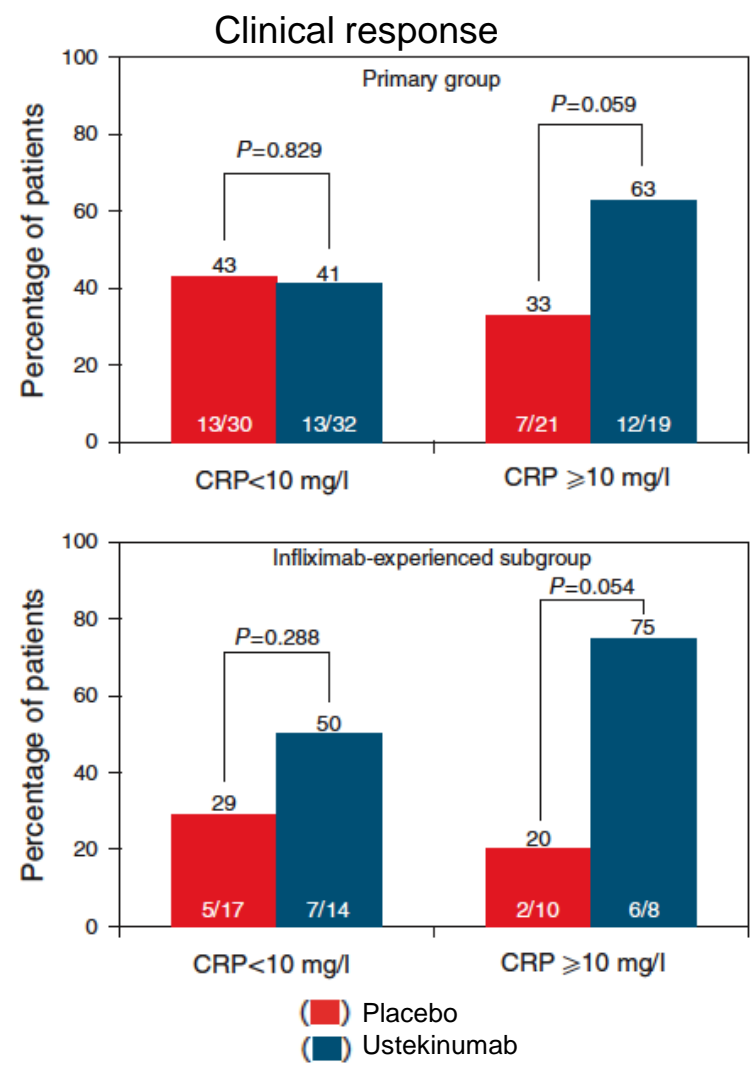
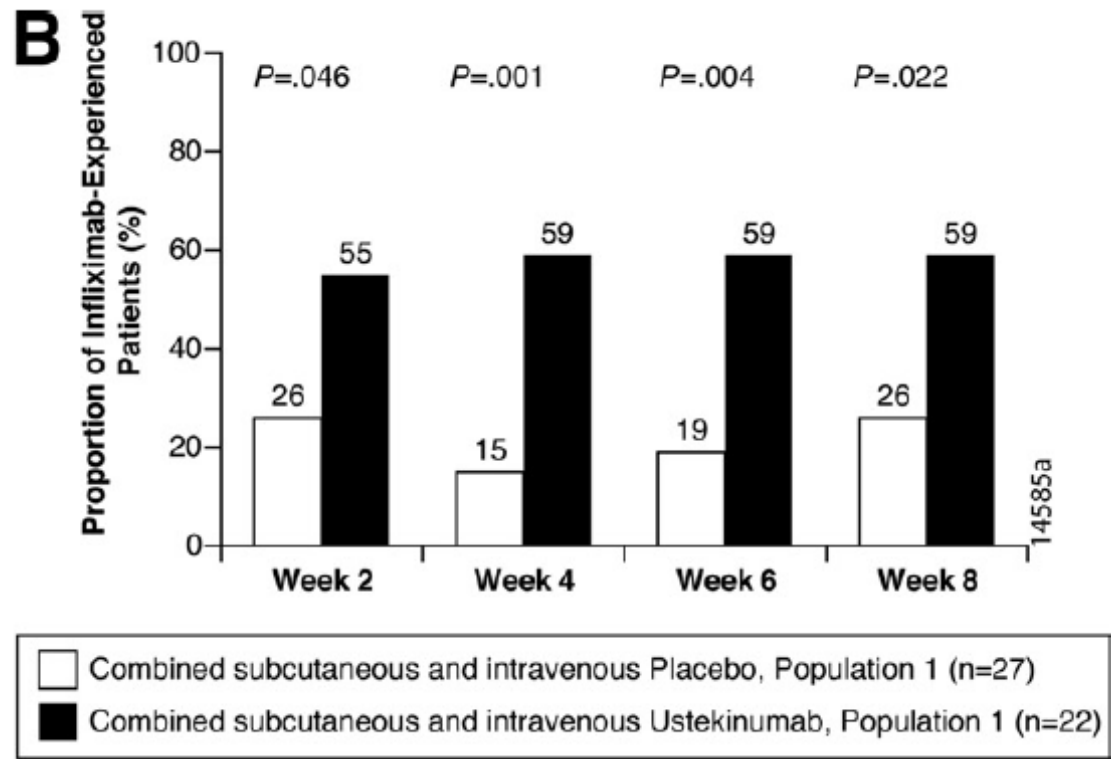
Only 43% of patients in remission with maintenance IFX have optimal trough levels

# Inhibition of IL-12/23



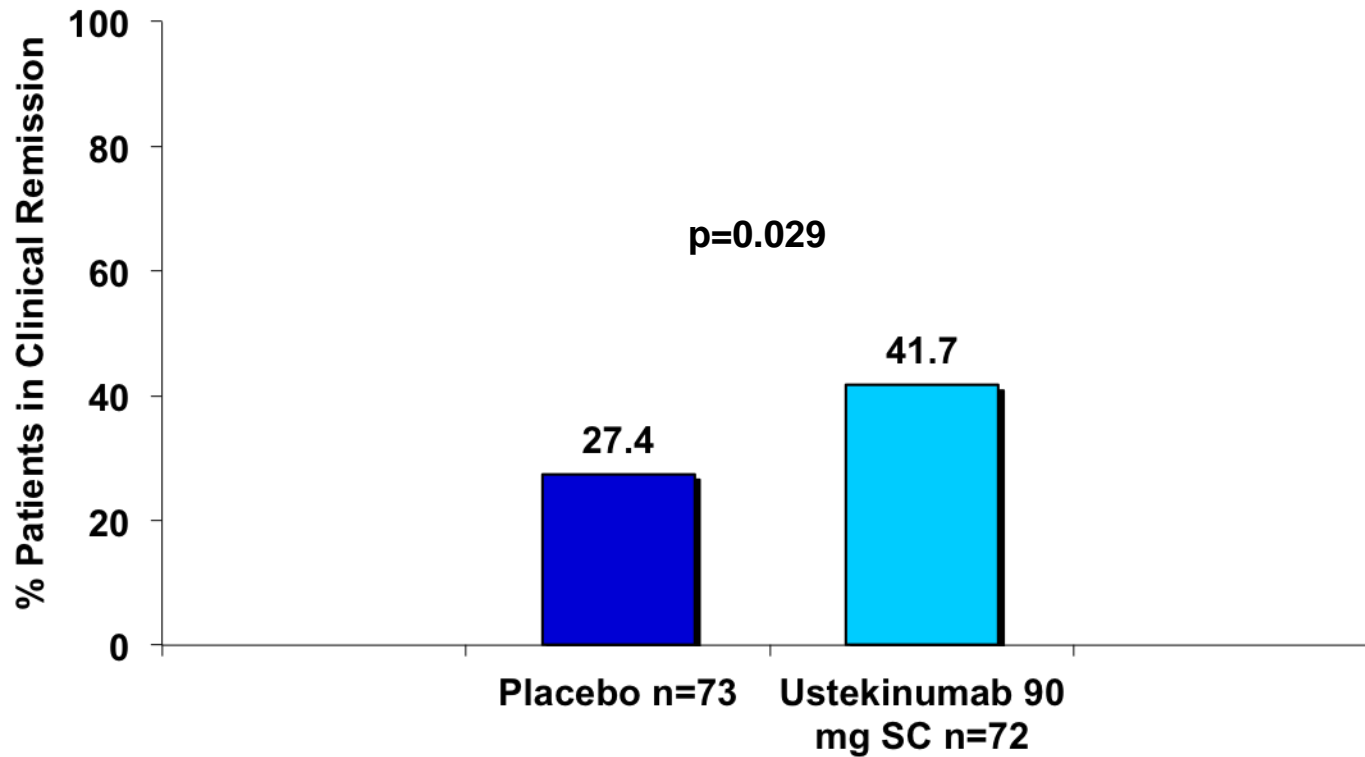
# Ustekinumab Phase IIa in CD

## *Anti-TNF experienced and high CRP*

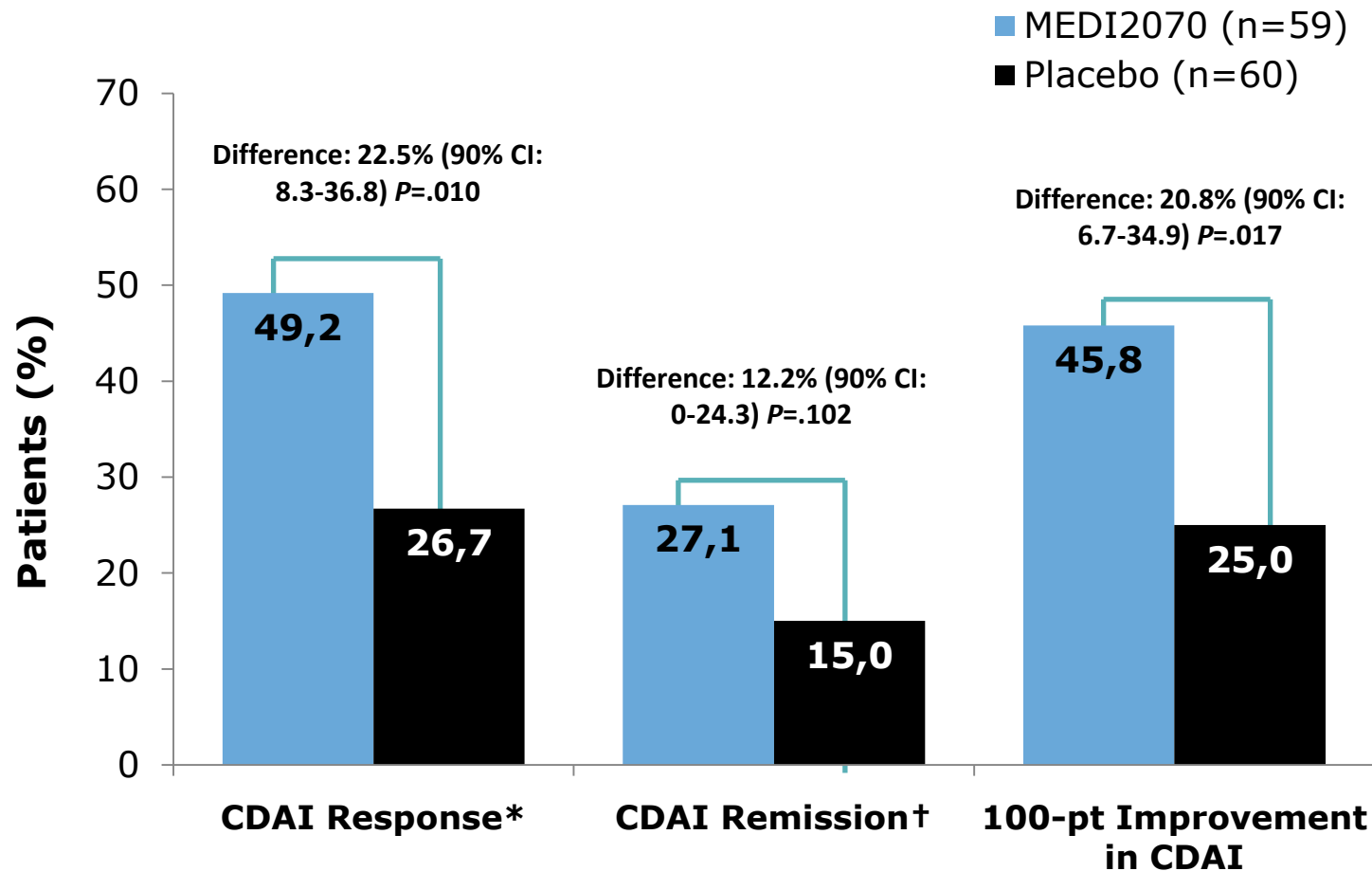


# Ustekinumab Phase IIb (CERTIFI) in Infliximab experienced CD

**Major Secondary endpoint: Clinical remission at Week 22  
CDAI < 150**



# CD-IA-MEDI2070-1147 anti-IL-23 p19: Clinical Efficacy at Week 8 (mITT population)



\*Defined as a CDAI score <150 or reduction from baseline in CDAI score of ≥100 points.

†Defined as a CDAI score <150.

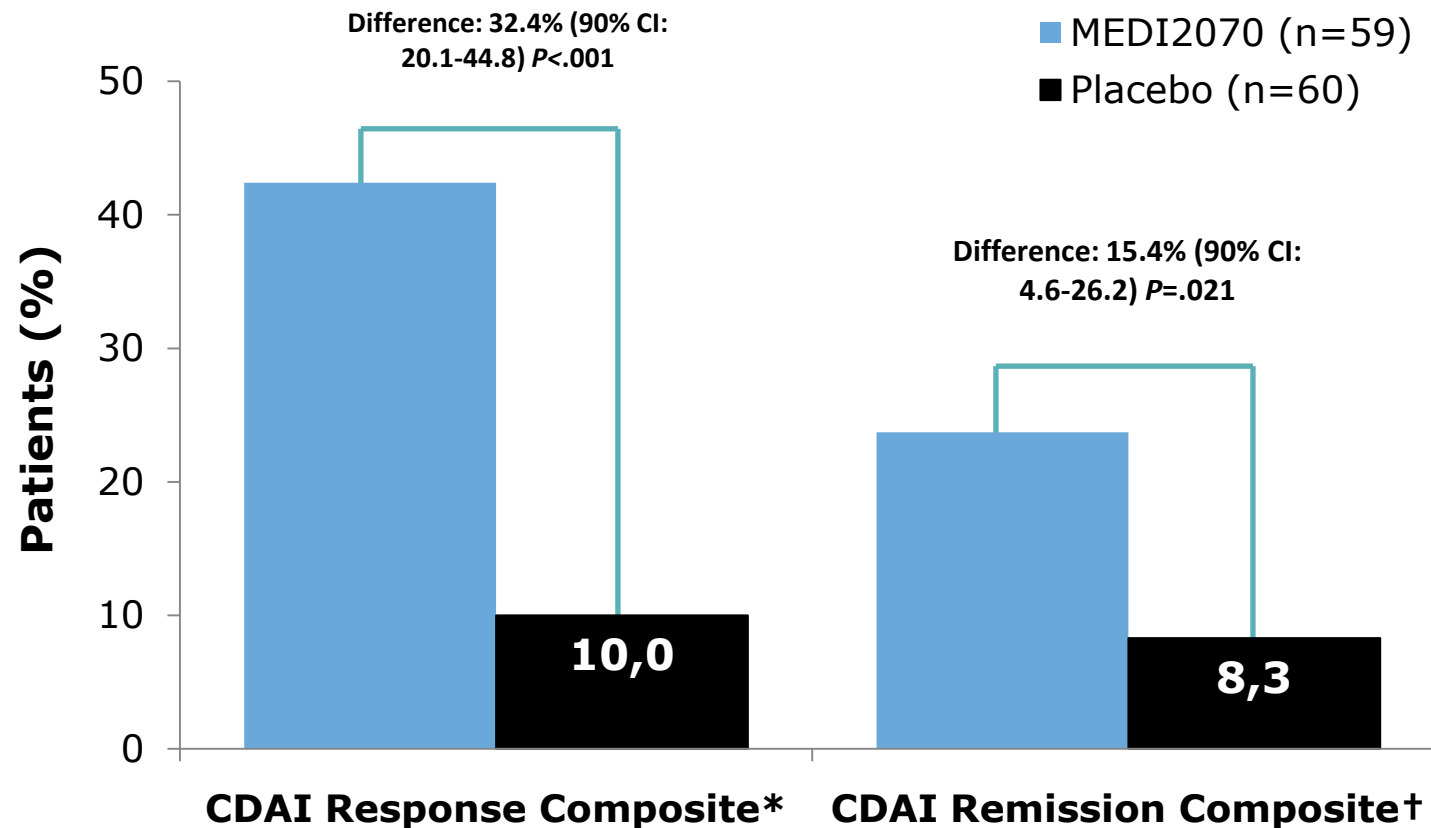
Analyses were conducted via logistic regression (Ge, et al. 2011) at a significance level of  $\alpha = 0.10$ .

CDAI, Crohn's Disease Activity Index; CI, confidence interval.

Sands B et al DDW 2015



# CD-IA-MEDI2070-1147 anti-IL-23 p19: Clinical Efficacy (composite Endpoints) at Week 8



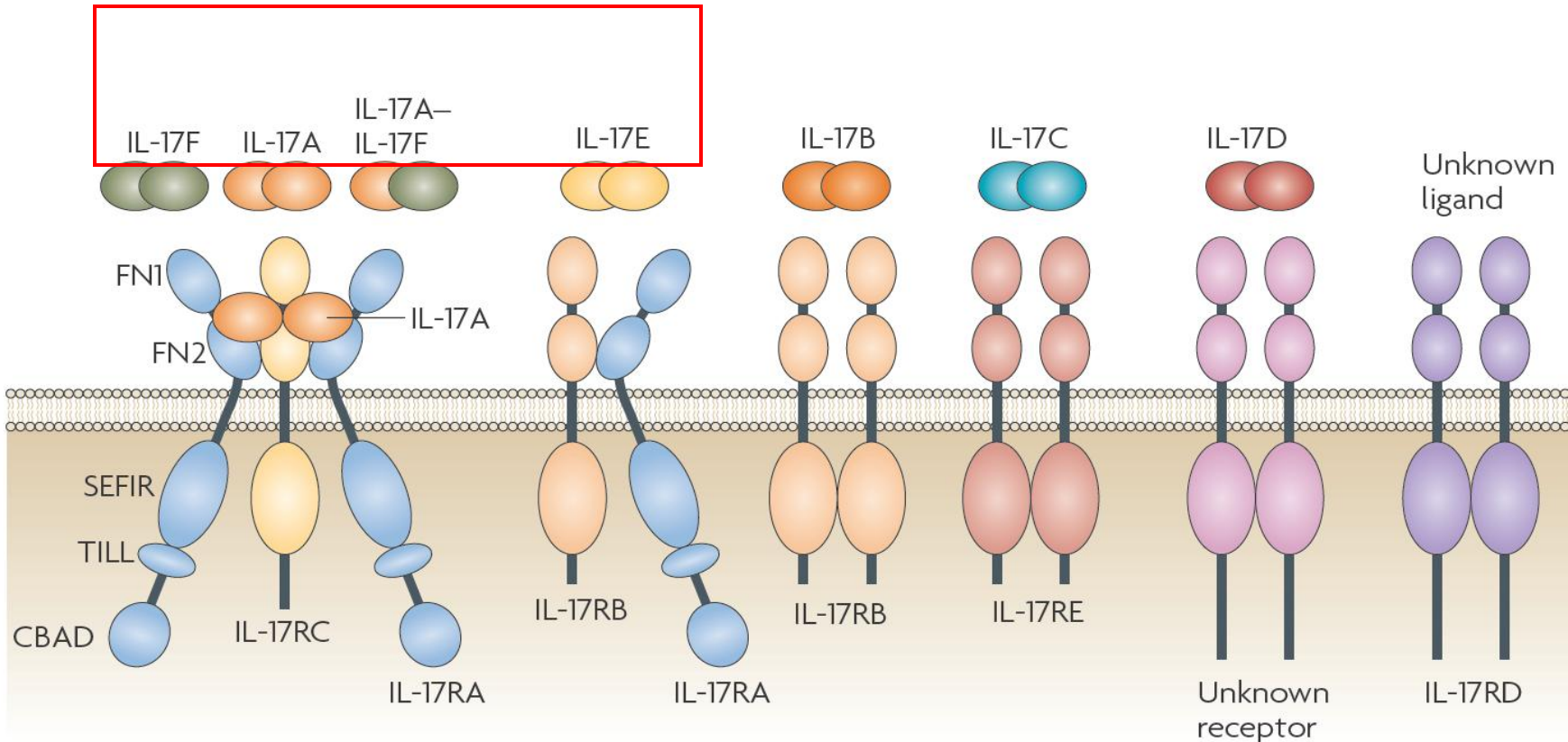
\*Defined as CDAI response and  $\geq 50\%$  reduction in FCP or CRP vs baseline.

†Defined as CDAI remission and  $\geq 50\%$  reduction in FCP or CRP vs baseline.

Analyses were conducted via logistic regression (Ge et al, 2011) at a significance level of  $\alpha = 0.10$ .

CDAI, Crohn's Disease Activity Index; CI, confidence interval; CRP, C-reactive protein; FCP, fecal calprotectin.

# IL-17 Ligand and Receptor Family Members

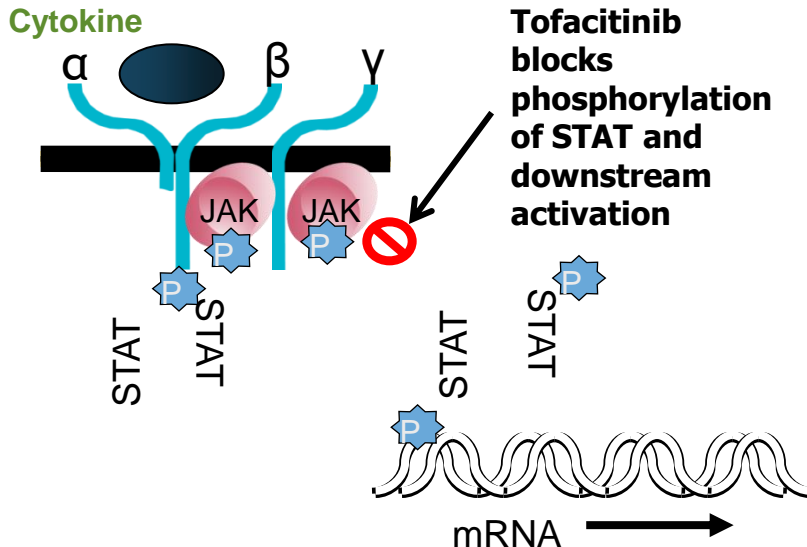


# Inhibition of IL-17A using Secukinumab in Crohn's disease: a double blind placebo controlled trial



	<b>Secukinumab 10 mg/kg IV at week 0 and 3</b>	<b>Placebo</b>
CDAI 100 response at week 6	7/39 (18%)	6/20 (30%)
Remission at week 6	4/39 (10%)	3/20 (15%)
Infections	17/39 (43%)	0/20 (0%)

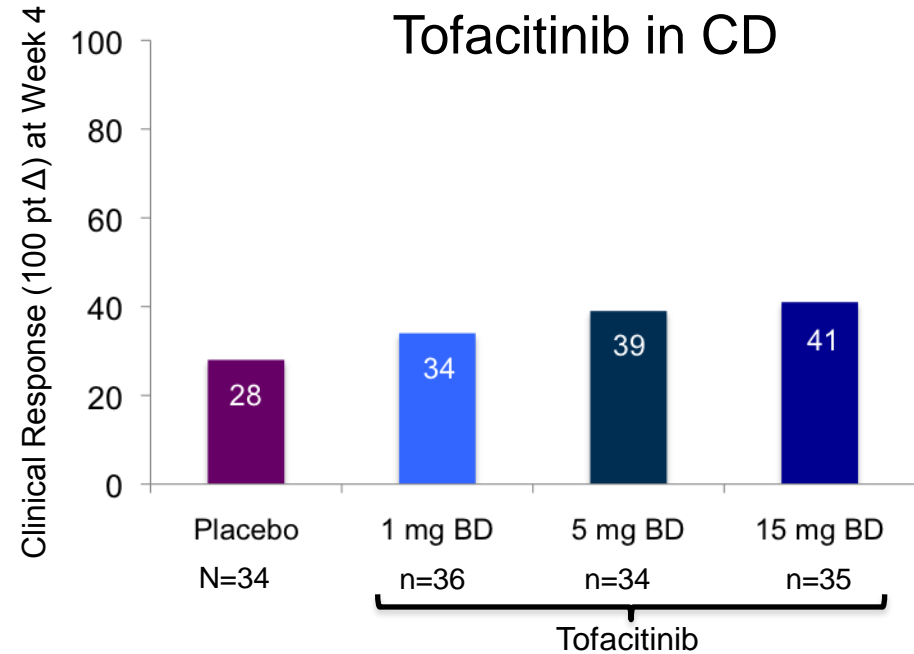
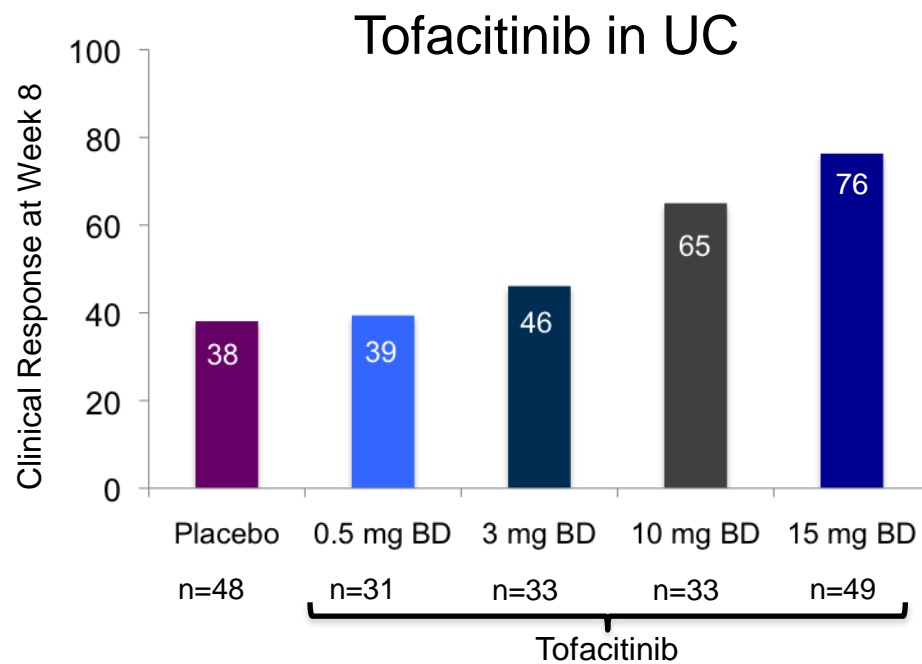
# Cytokine Signaling of Janus Kinase (JAK)



IL-2	Stimulate the proliferation and differentiation of Th, Tc, B, and NK cells
IL-4	Induce the differentiation of Th0 to Th2 Induce Ig switching
IL-7	Promote the development, proliferation and survival of T, B, and NK cells
IL-9	Stimulate intrathymic T cell development
IL-15	Promote the proliferation, cytotoxicity and cytokine production of NK cells
IL-21	Enhance T and B cell function

- Tofacitinib (CP-690,550) inhibits JAK1, JAK2, and JAK3 in vitro with functional cellular specificity for JAK1 and JAK3 over JAK2. Tofacitinib directly or indirectly modulates signaling for an important subset of pro-inflammatory cytokines including IL-2, -4, -7, -9, -15, and -21

# Biological treatments are not equally effective for CD and UC



Patients, n (%) achieving	Placebo n=48	0.5 mg BD n=31	3 mg BD n=33	10 mg BD n=33	15 mg BD n=49
Clinical remission	5 (10.4)	4 (12.9)	11 (33.3)	16 (48.5)	20 (40.8)
Endoscopic remission	1 (2.1)	3 (9.7)	6 (18.2)	10 (30.3)	13 (28.5)

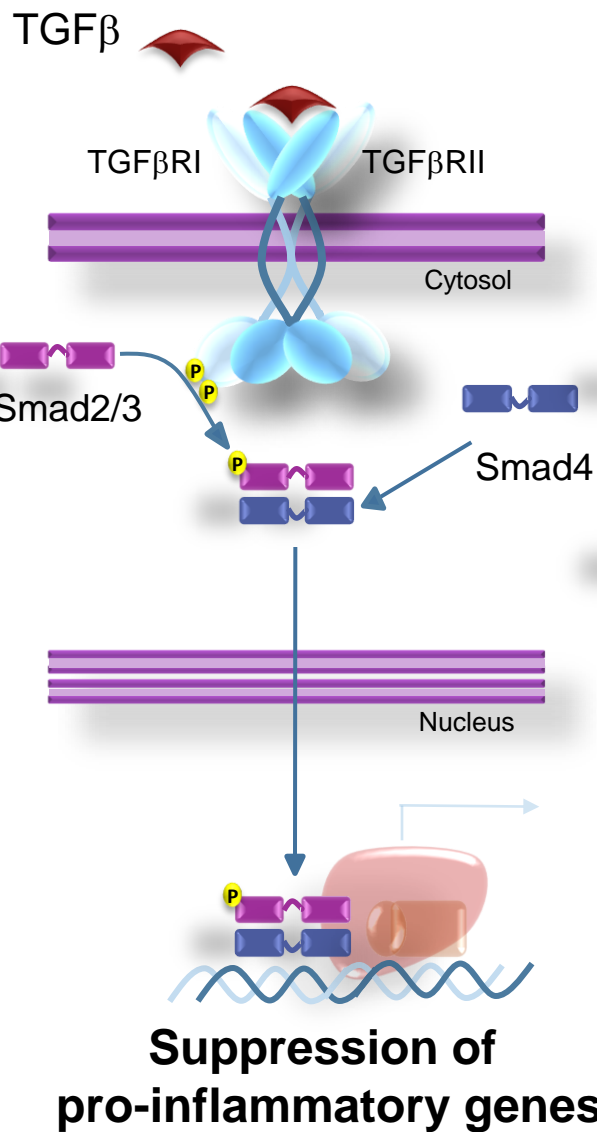
Patients, n (%) achieving	Placebo N=34	1 mg BD n=36	5 mg BD n=34	15 mg BD N=35
Clinical remission	7 (20.6)	11 (30.6)	8 (24.2)	5 (14.3)

Sandborn WJ et al N Engl J Med. 2012 Aug 16;367(7):616-24

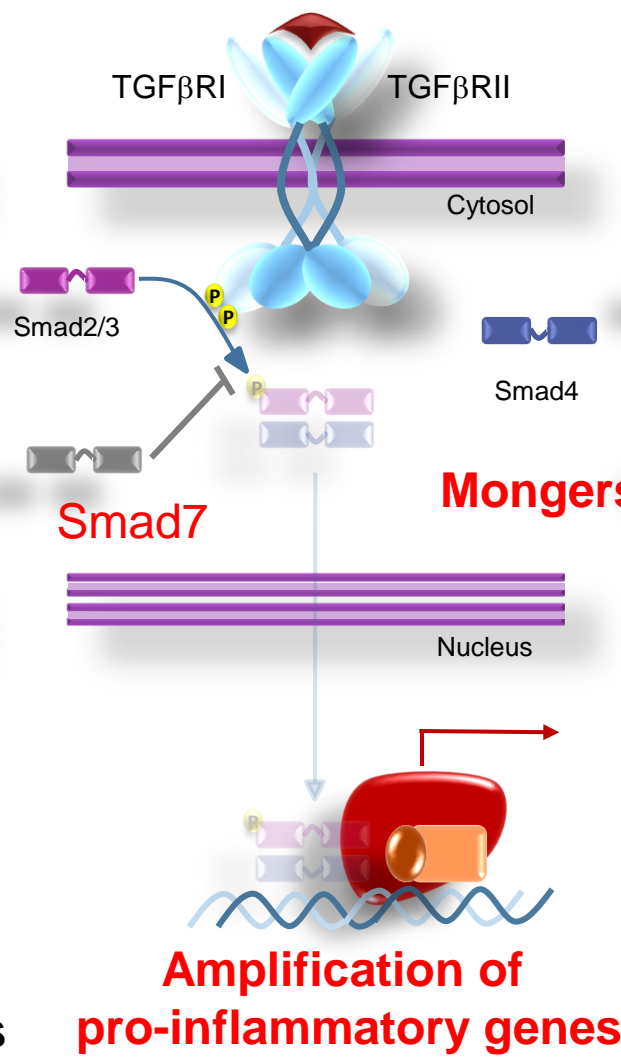
Sandborn et al Clin Gastroenterol Hepatol. 2014;;12(9):1485-93

September 21, 2015 UC Octave studies <http://www.pfizer.com/news/press-release>

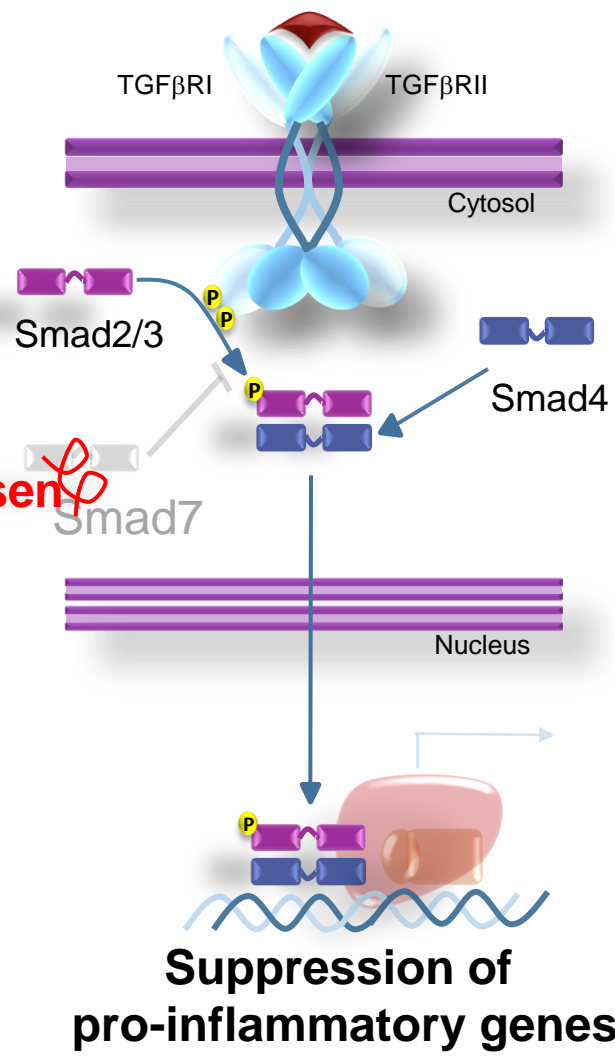
## Normal intestine



## CD



## CD + Mongersen



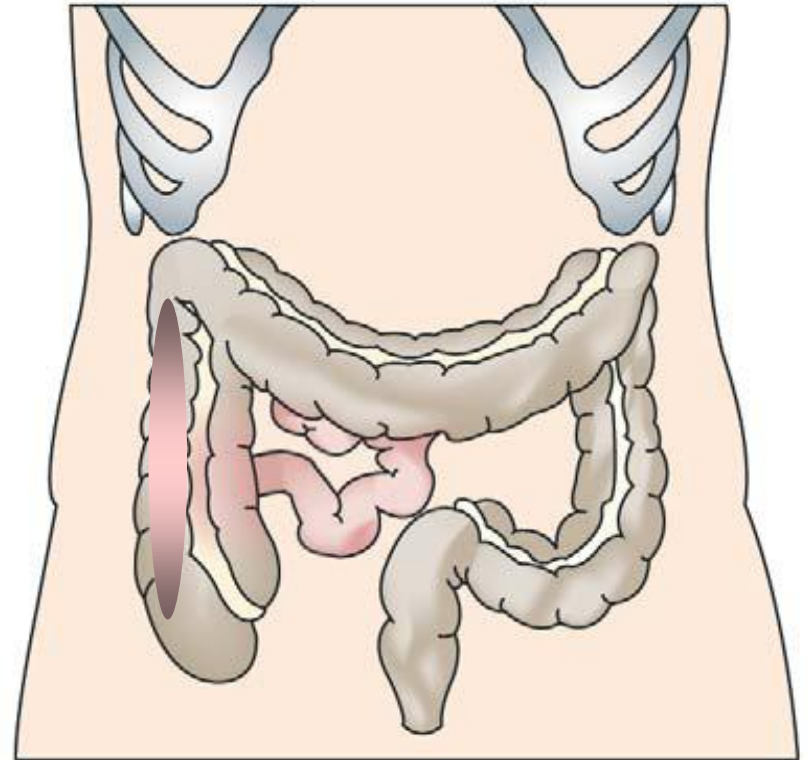


# Mongersen: oral gastro-resistant delayed release formulation

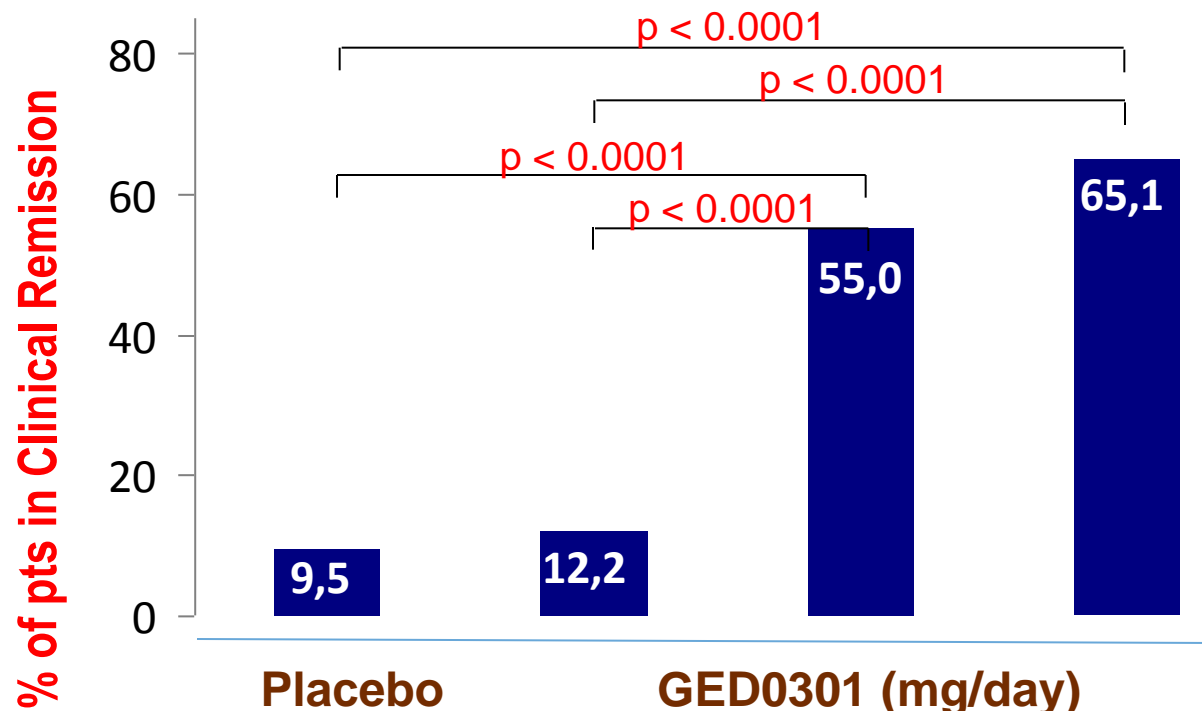
Mongersen developed as an oral gastro-resistant

Ph-dependent-release formulation to:

- deliver Mongersen in the terminal ileum and right colon
- obtain a “topical” effect
- avoid systemic adsorption



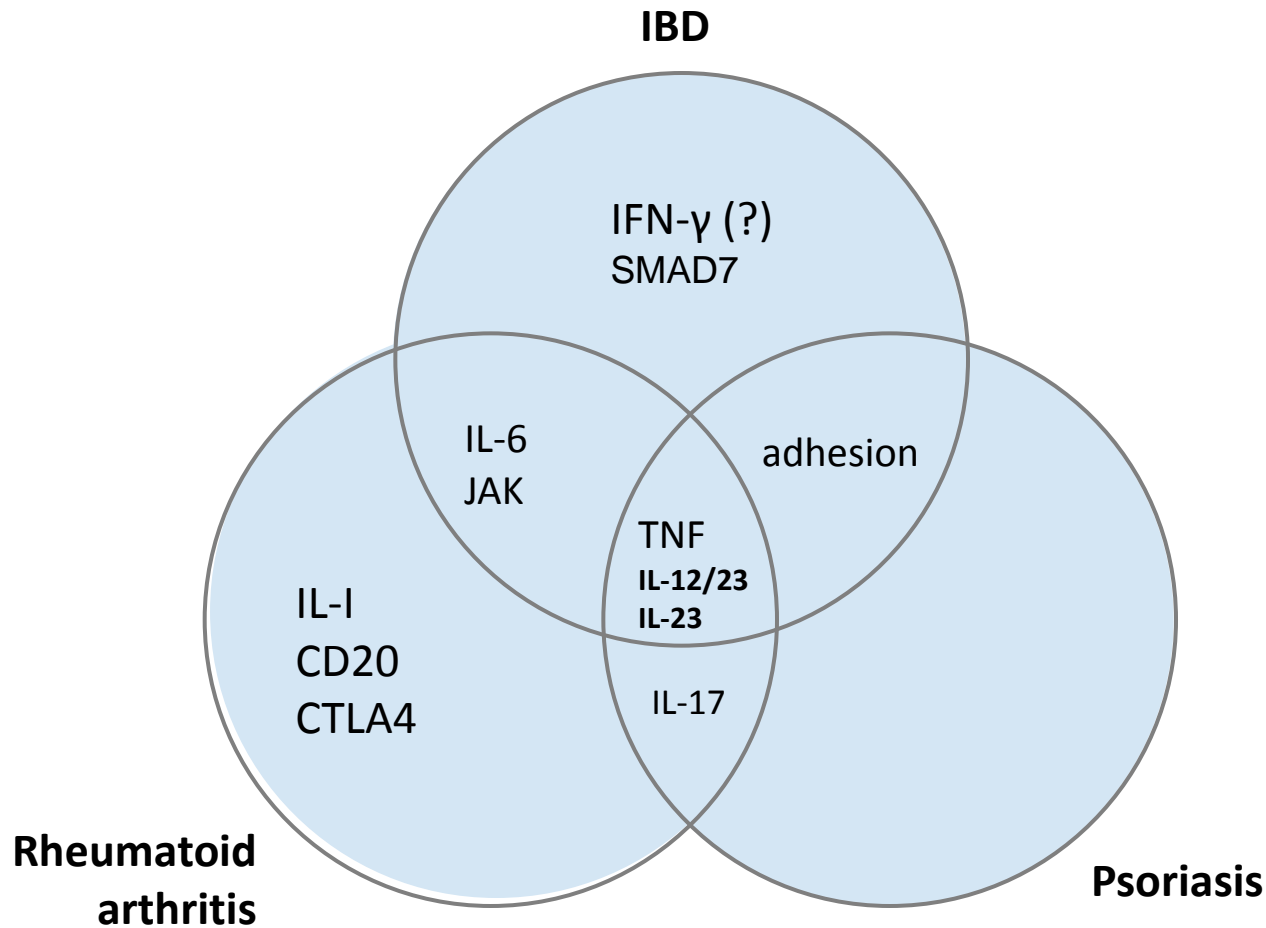
# Induction of clinical remission (CDAI score <150 at day 14 and maintained at day 28)



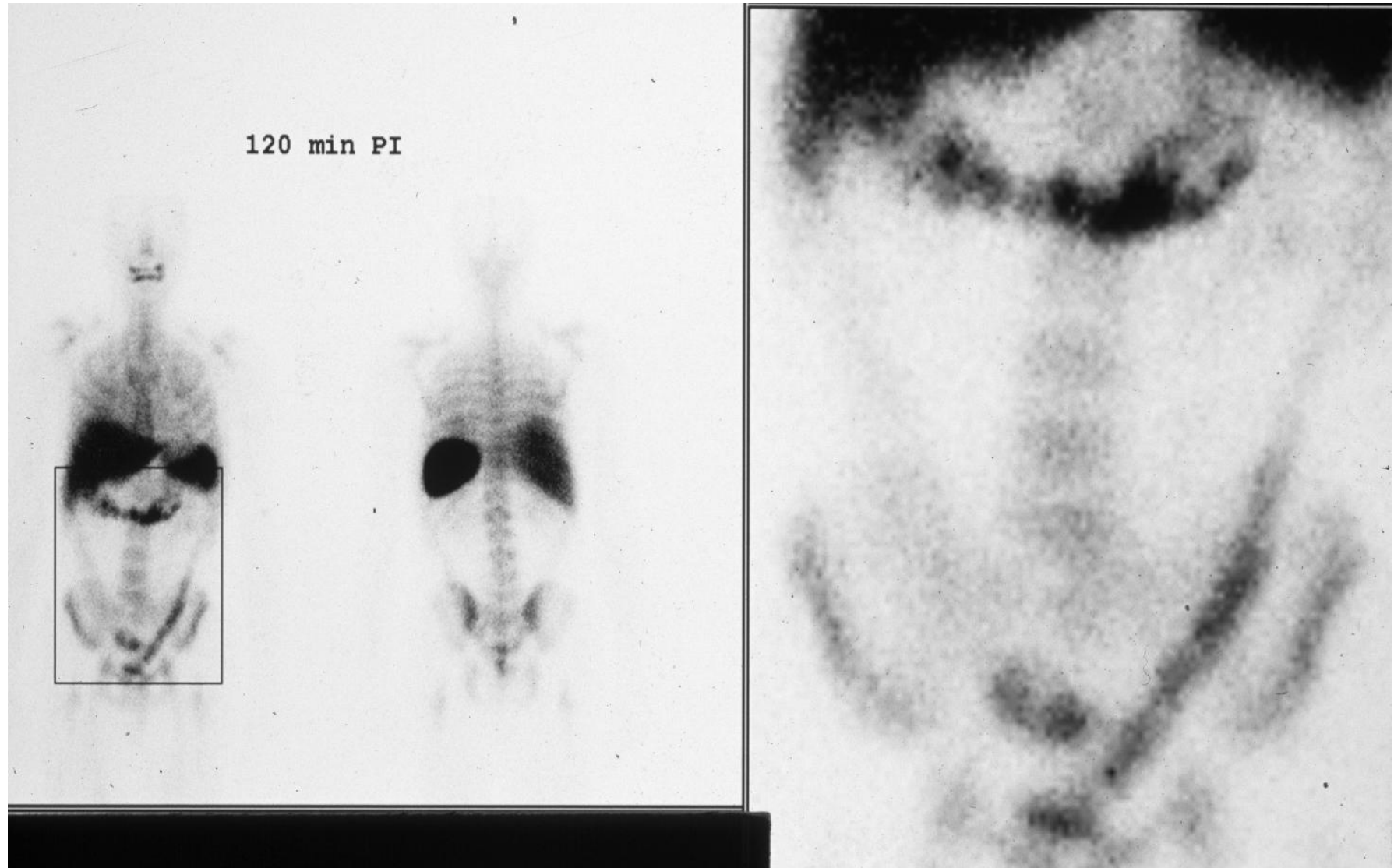
**No. Pts with:**

		10	40	160
CDAI > 150	38	36	18	15
CDAI < 150	4	5	22	28

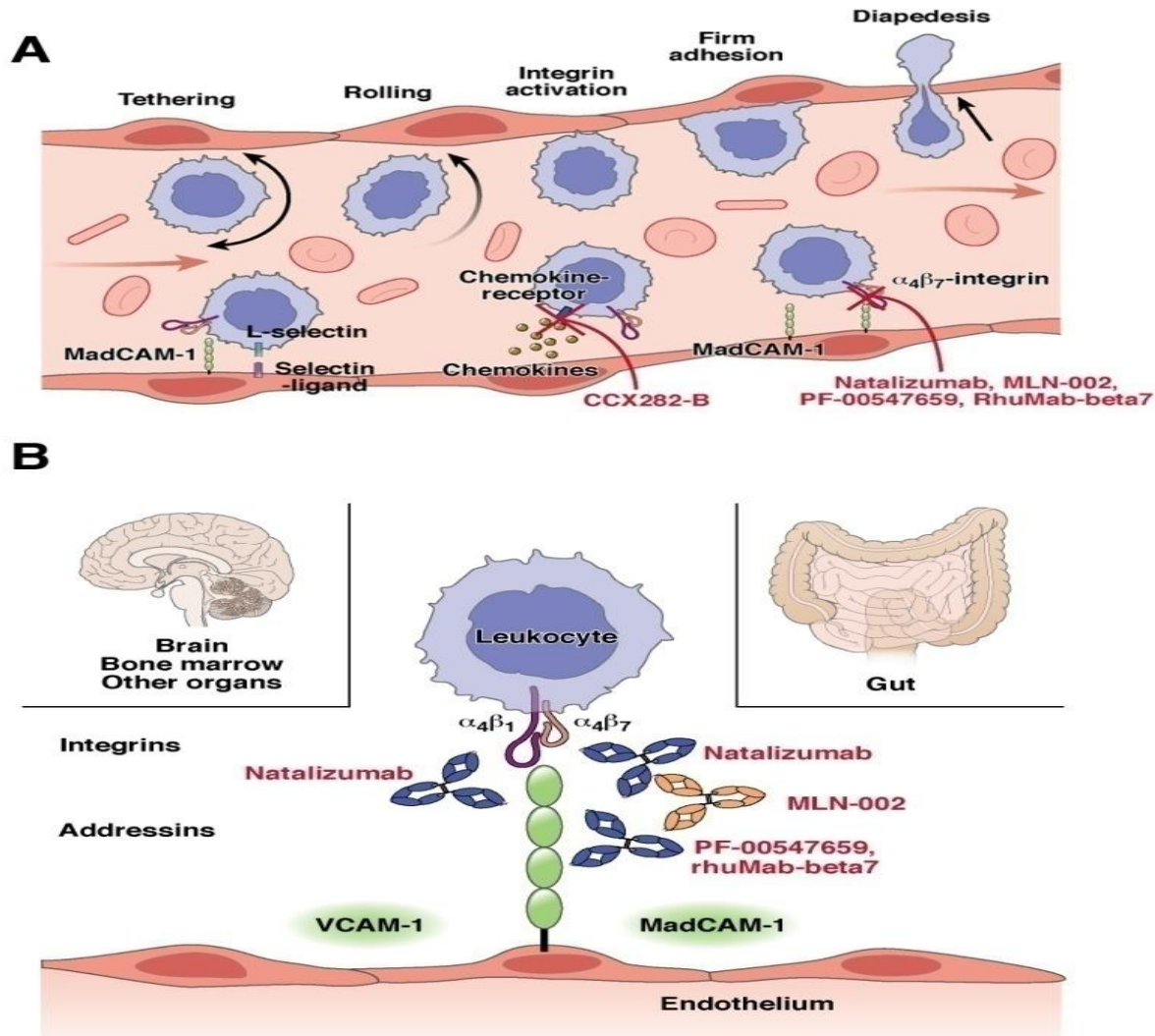
# Biological therapies in immune-mediated diseases



# Migration of Leucocytes plays a key role in gut inflammation in IBD



# Selective Anti-Migration strategies (SAM) in IBD

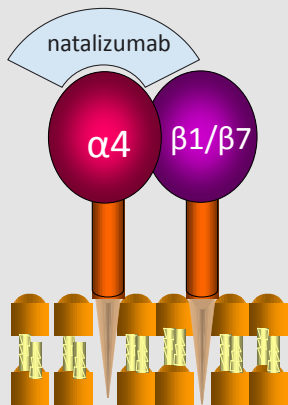


# Anti- $\alpha 4$ (Natalizumab, Antegren, Tysabri) in the treatment of Crohn's disease

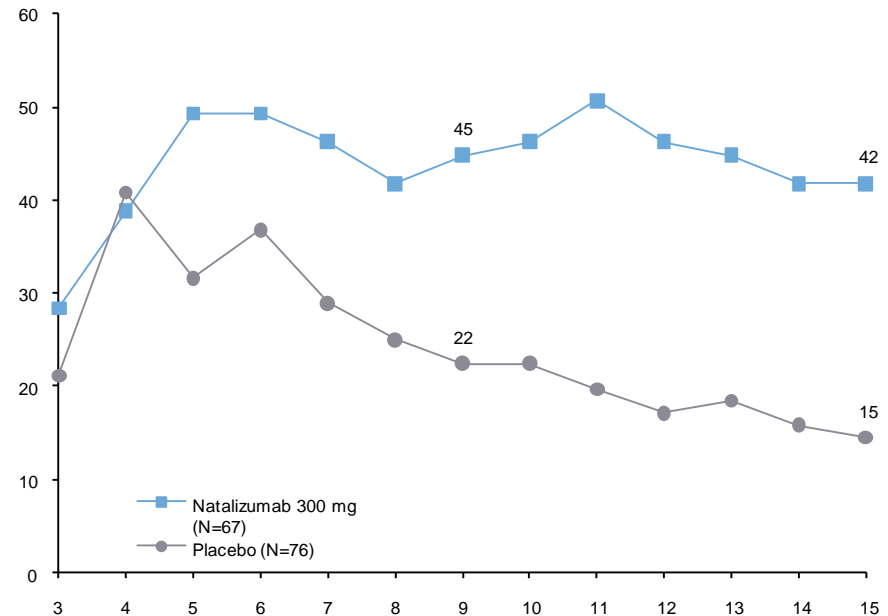


ENACT-2: Patients in sustained remission removed from concurrent steroids<sup>1</sup>

## Tysabri



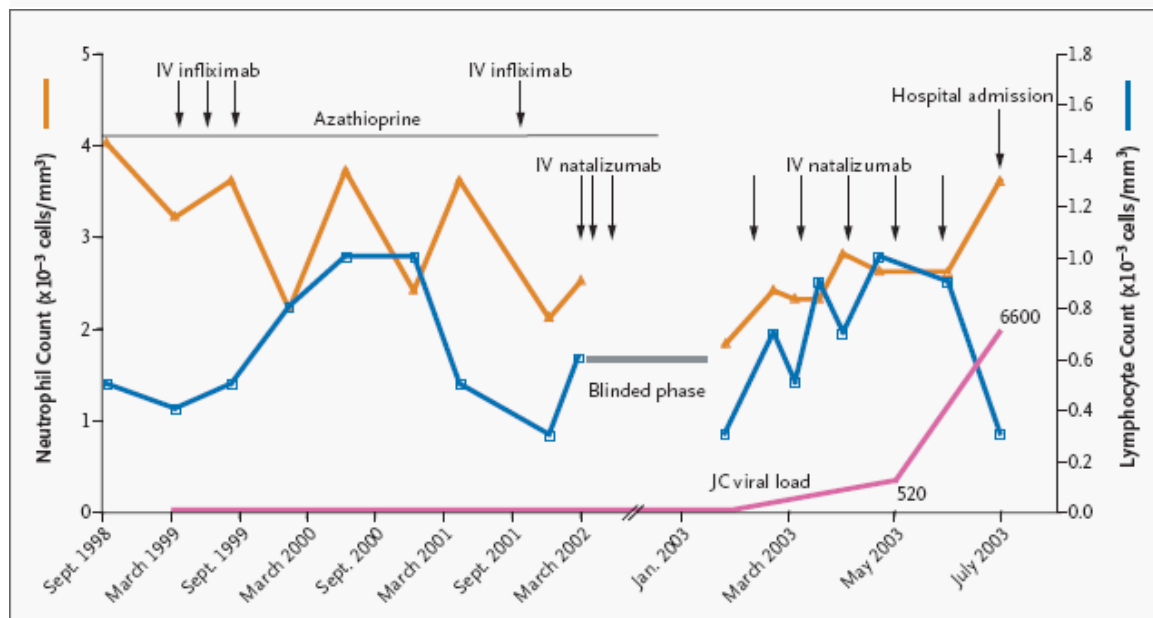
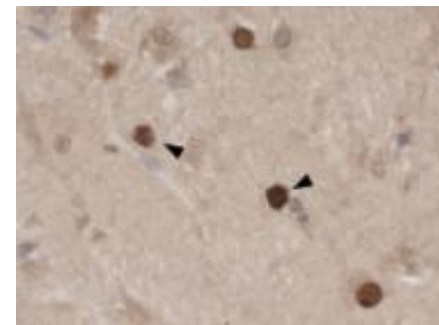
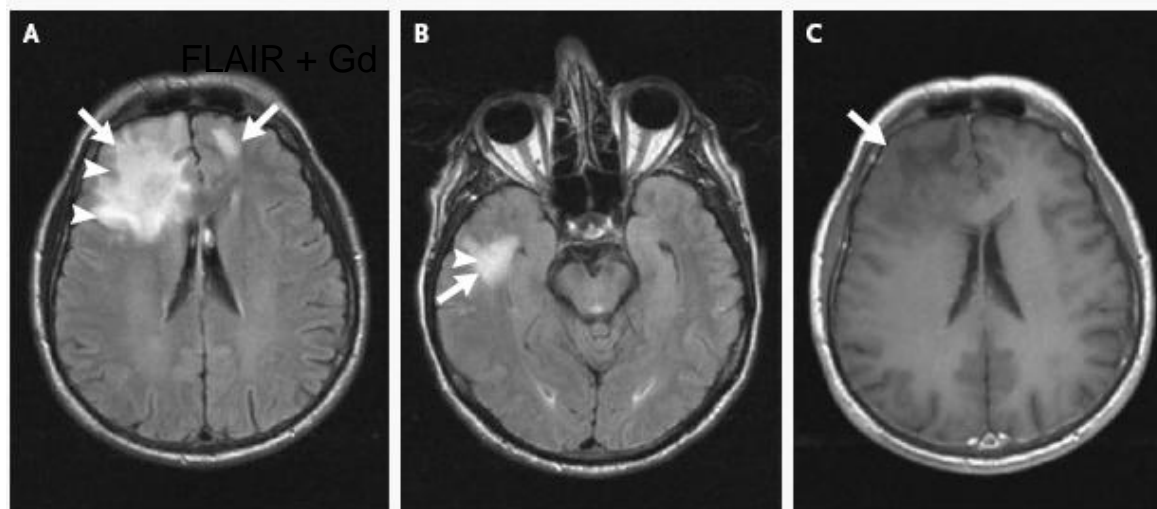
- Humanised mouse-derived monoclonal IgG4 antibody to human  $\alpha 4$  integrin.
- Blocks adhesion of  $\alpha 4$ + lymphocytes to VCAM1 and MAdCAM-1



<sup>1</sup>Sandborn WJ et al. N Engl J Med 2005;353(18):1912-25



# Progressive multifocal leukoencephalopathy in patients treated with Natalizumab



2 MS cases,  
+ IFN $\alpha$

1 CD case,  
monotherapy

3/3,000 patients

# Selective Anti-Migration (SAM) therapies in IBD

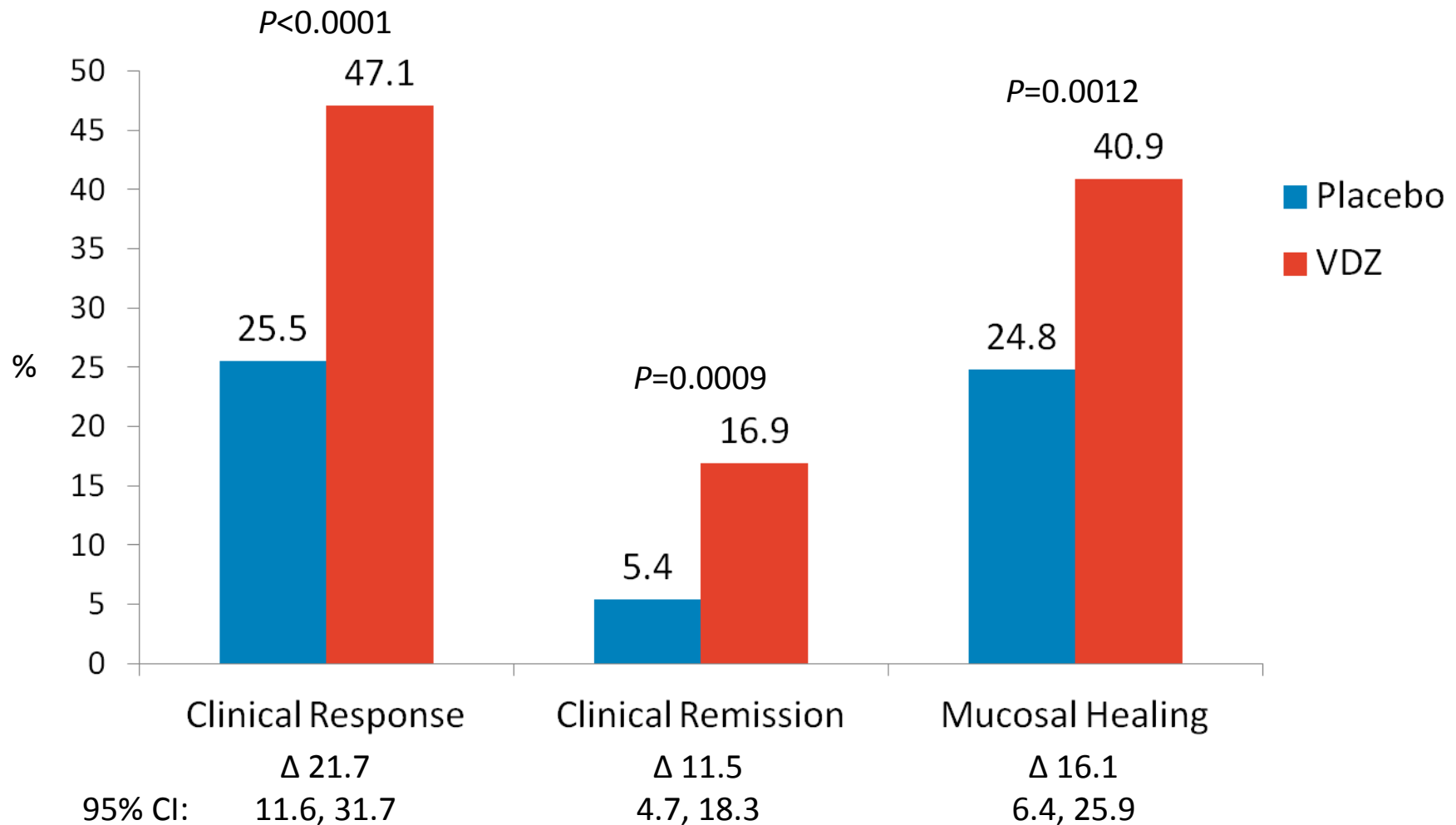


Blockade	$\alpha_4 (\beta_1/\beta_7)$	$\alpha_4\beta_7$	$(\alpha_E/\alpha_4)\beta_7$	MAdCAM-1
Expression	lymphocytes monocytes eosinophils NK cells	lymphocytes monocytes eosinophils NK cells	lymphocytes monocytes eosinophils NK cells	intestinal endothelium
Ligand	MAdCAM-1 VCAM-1	MAdCAM-1	MAdCAM-1 E-cadherin	$\alpha_4\beta_7$
Target	Gut CNS	Gut	Gut Mucous membranes	Gut

# Clinical Response, Remission, Mucosal Healing at 6 Weeks with Vedolizumab: GEMINI I



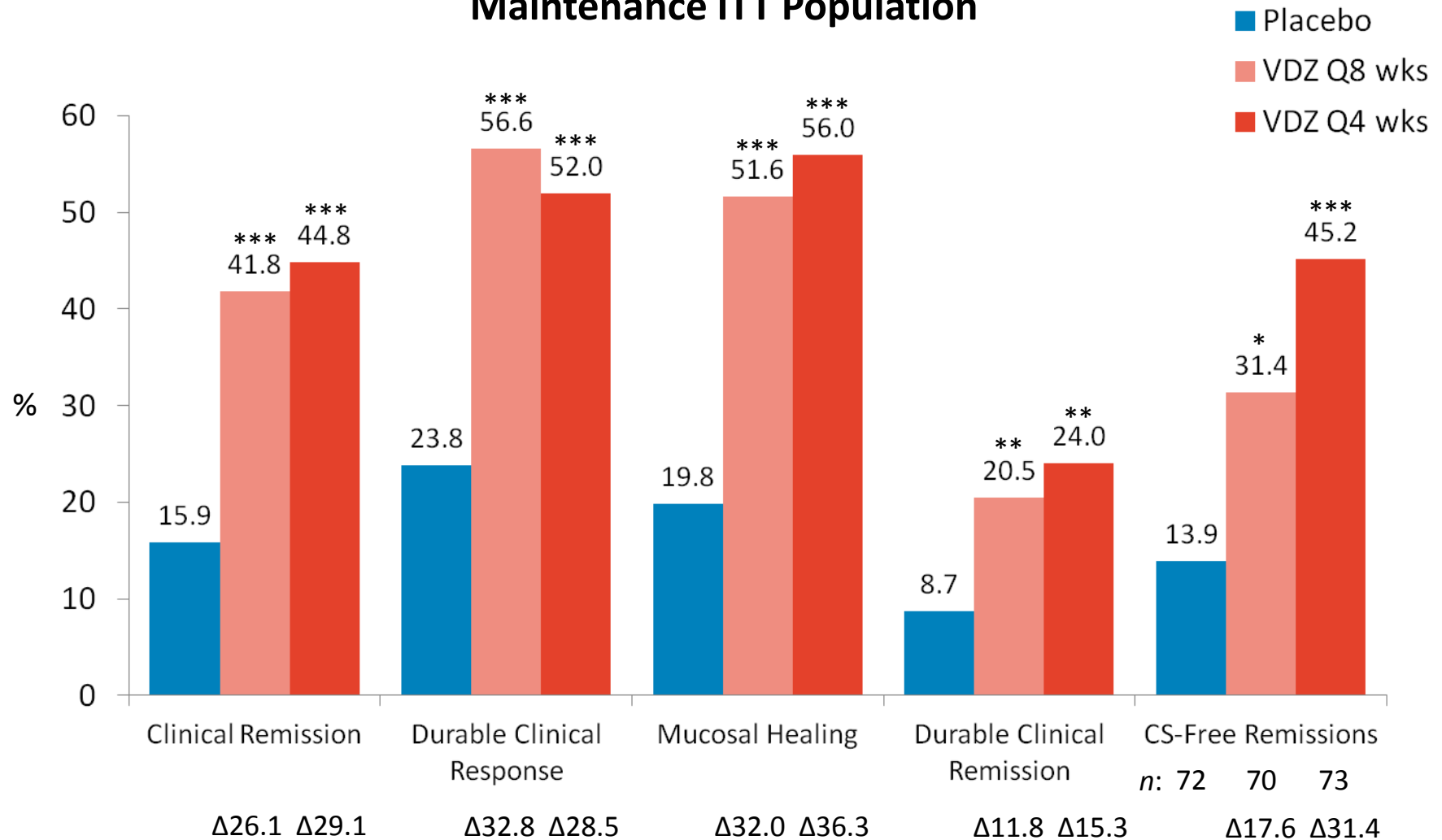
## Induction ITT Population



# Primary and Secondary Outcomes Through 52 Weeks Vedolizumab GEMINI I

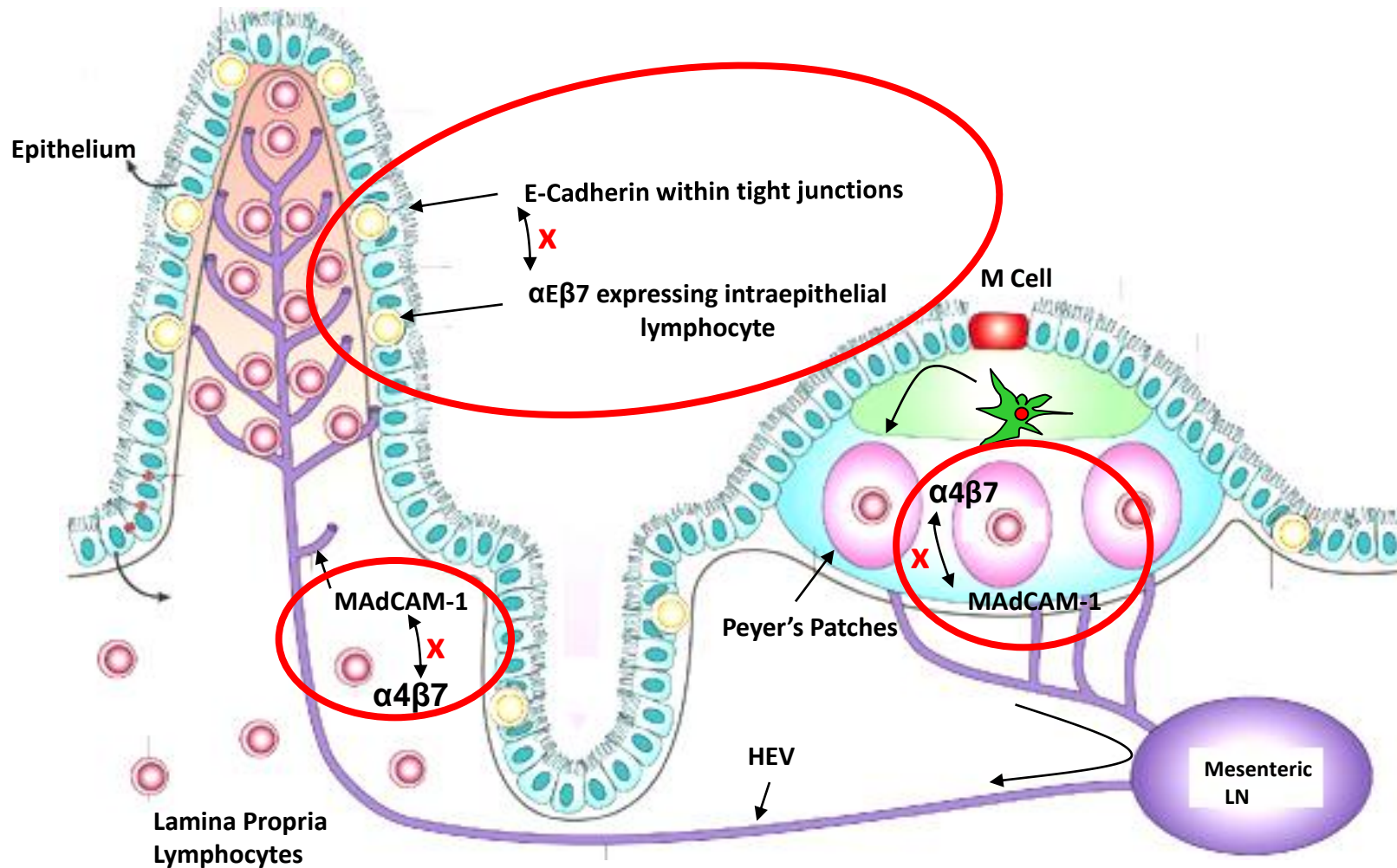


## Maintenance ITT Population



\* $P < 0.05$  \*\* $P < 0.01$  \*\*\* $P < 0.0001$

# RhuMAb Beta7: mechanism of action



# Personalized Medicine or Stratified Medicine: the solution for the cost problem?

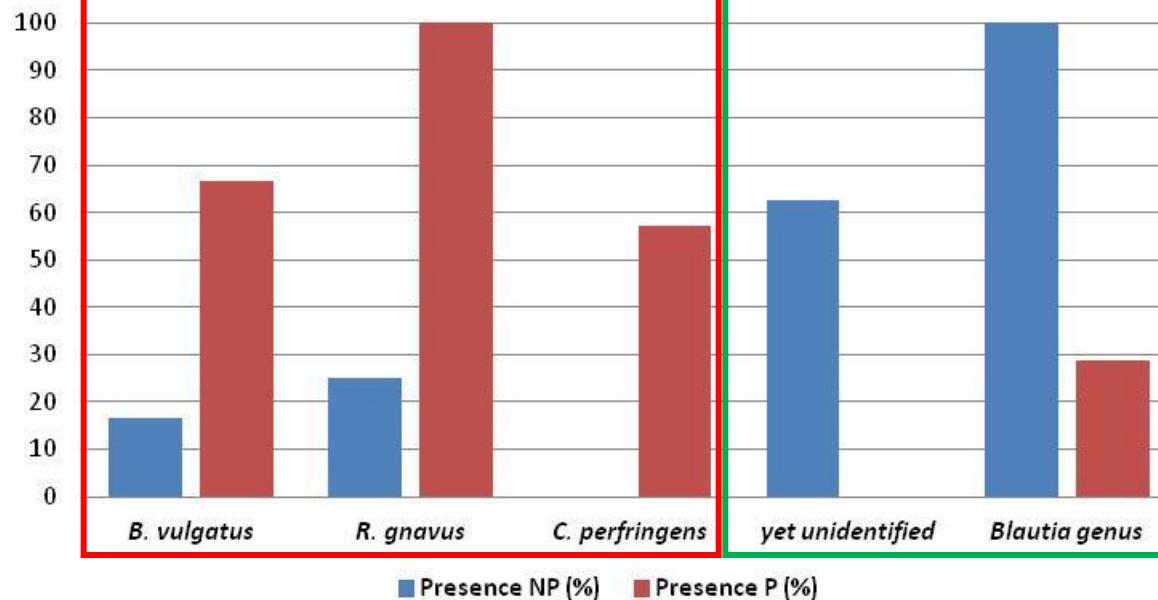


- Maintained remission rates with biological therapies in IBD are low (<30%) and the cost of these agents is very high
- Academic institutions (in cooperation with pharma) need to identify predictors of long-term evolution of IBD and of (non-) response to the therapies
- Reliable companion diagnostics need to be developed
- Molecular assays may provide a specific therapy for an individual's condition by stratifying disease status, selecting the proper medication and tailoring dosages to that patient's specific needs
- In IBD this approach has been largely ineffective up to now

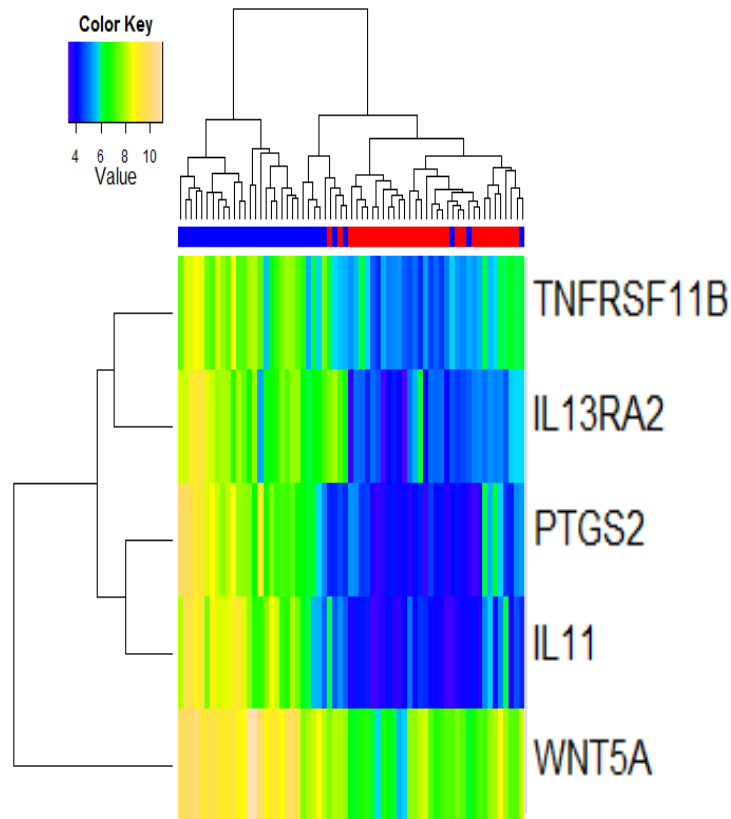
# Microbial profiles before colectomy predict pouchitis at 1 year after IPAA



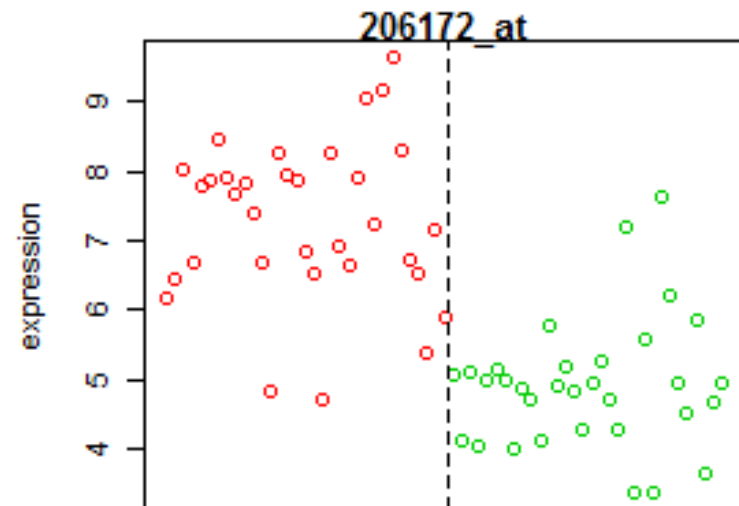
Bacterial species	<i>B. vulgatus</i>	<i>R. gnavus</i>	<i>C. perfringens</i>	yet unidentified	Blautia genus
Band-class	2.82	10.98	12.43	8.67	10.2
Presence NP (%)	16.7	25	0	62.5	100
Presence P (%)	66.7	100	57.1	0	28.6
p-value	0.034*	0.003	0.013	0.01	0.003
Median (IQR) intensity NP	0 (0-0)	0 (0-1.2)	0 (0-0)	0.7 (0-5.2)	5 (1.4-7.6)
Median (IQR) intensity P	7.76 (0-12)	5.2 (4.4-26.5)	0.6 (0-3.1)	0 (0-0)	0 (0-3.3)
p-value	0.026*	0.002	0.017	0.016	0.077



# Mucosal gene signature predicting response to infliximab in ulcerative colitis and Crohn's disease



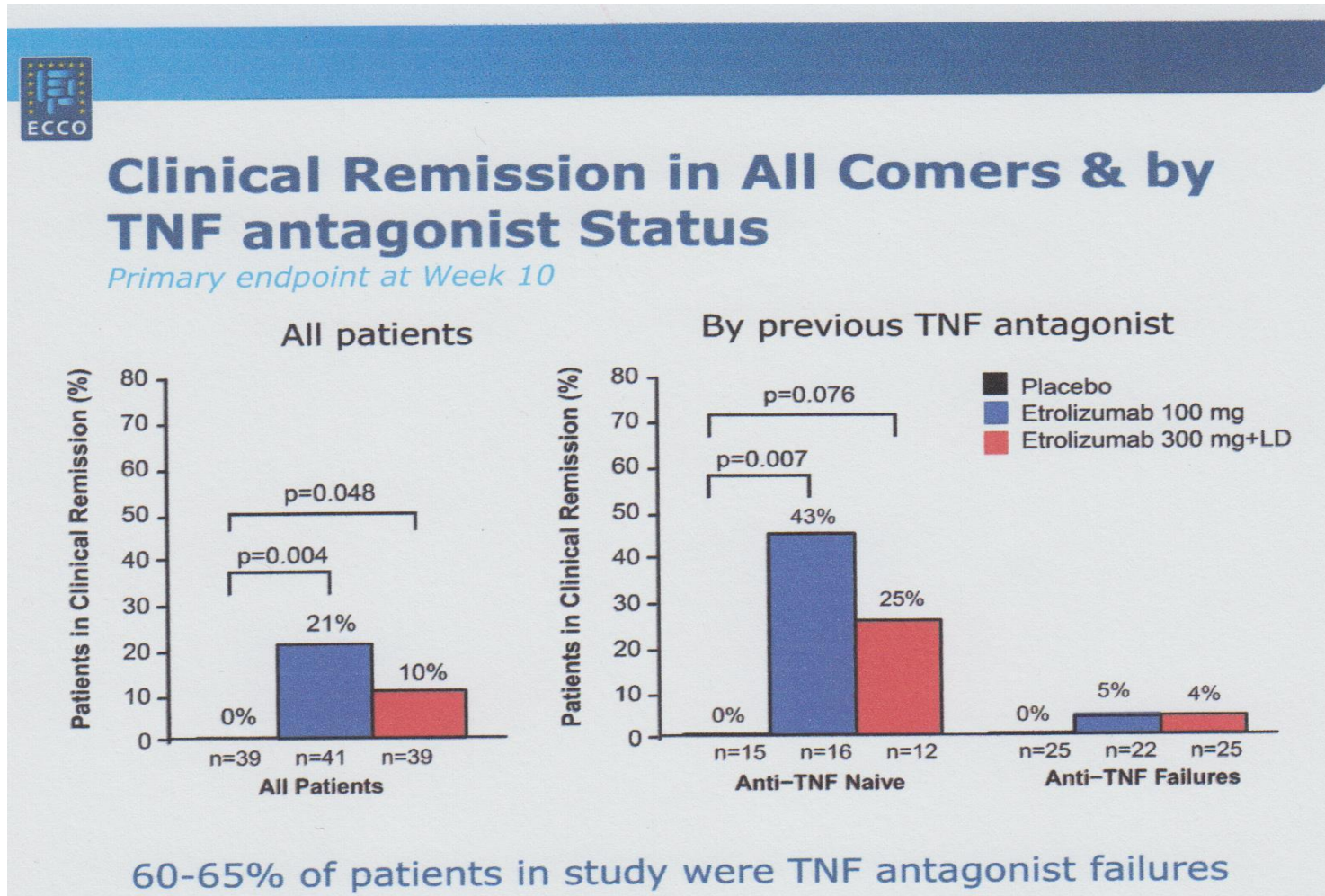
Hierarchical clustering of the log<sub>2</sub> expression values of the top 5 genes showed 2 distinct clusters of R versus NR



Probe set 206172\_at representing IL-13R $\alpha$ 2 was the most significant one



# Prediction of response to blockade of anti- $\beta$ 7 with Etrolizumab in the Eucalyptus study

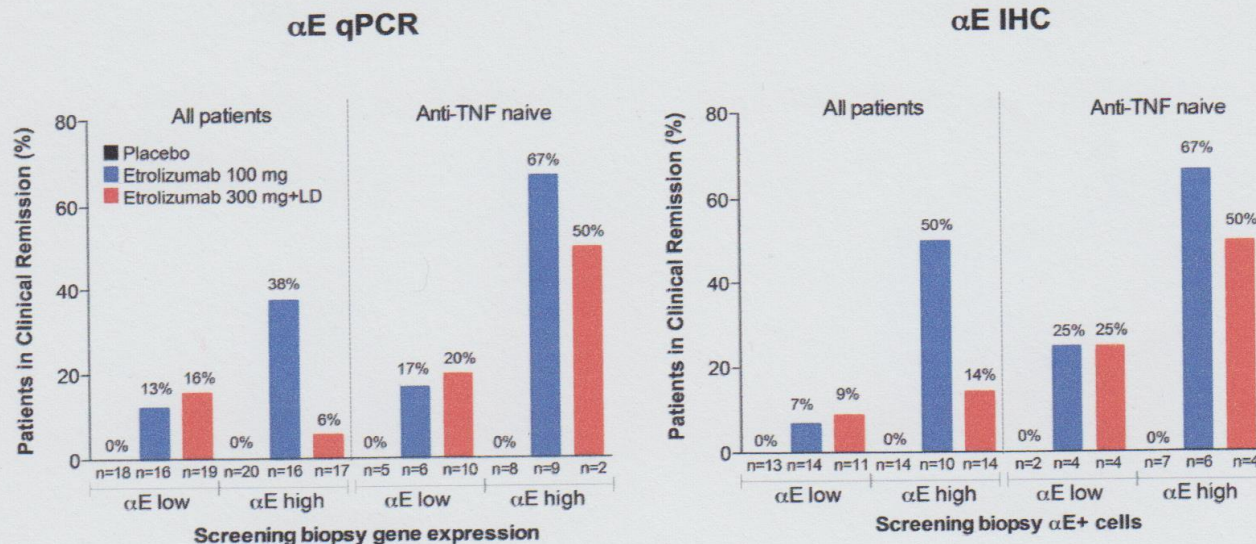


Vermeire S et al Lancet. 2014 Jul 26;384(9940):309-18  
Tew GW et al Gastroenterology. 2015 Oct 29.

# Prediction of response to blockade of anti- $\beta 7$ with Etrolizumab in the Eucalyptus study



## Enrichment of Remission in $\alpha E^{\text{high}}$ Patients Using qPCR or IHC



Vermeire S et al Lancet. 2014 Jul 26;384(9940):309-18

Tew GW et al Gastroenterol 2015 Oct 29

# Targeting cytokines in inflammatory bowel diseases: Conclusions



- Biological therapies targeting cytokines have dramatically improved the treatment of Crohn's disease as well as Ulcerative Colitis
- The optimal use of each agent needs to be identified and sequential or combination strategies need to be investigated
- Much effort should be invested in the prediction of long-term efficacy for each strategy in order to improve efficacy/safety/cost



