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PIONEERING ANTI-TNF THERAPY: DO LESSONS LEARNED POINT PATH **TO FUTURE PROGRESS?** Prof. Sir Marc Feldmann

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RHEUMATOID ARTHRITIS (RA)





- Chronic immune inflammatory disease
- Sex : F:M 3:1, ~1%
- Progressive joint damage & disability, reduced quality of life. Shortened lifespan
- Structural damage early & progressive
- 50% severely impaired by 10 yrs (not working)
- Pathology: leucocyte recruitment inflammation, tissue destruction and repair



PLAN OF TALK

- **1. TNF is a good therapeutic target**
- 2. Optimal use of TNF blockade is with Methotrexate
- 3. Unexpected: a therapeutic revolution
- 4. Limitations of anti-TNF: need to get closer to a cure
- 5. Approaches to get closer to a cure



ANALYSIS OF CYTOKINE REGULATION REVEALED IMPORTANCE OF TUMOUR NECROSIS FACTOR

APPROACH Operative sample synovium, active RA cells isolated, placed in 'tissue culture' OBSERVATION Spontaneous production of many

BSERVATION Spontaneous production of many mediators of disease -

EXPERIMENT

cytokines, enzymes etc. T Antibody to TNF inhibits production of other pro-inflammatory cytokines Rheumatoid Arthritis



Fionula Brennan





TNF DEPENDENT CYTOKINE CASCADE IN RHEUMATOID ARTHRITIS



Feldmann, Brennan and Maini (1996) Cell, 85: 307

RATIONALE FOR ANTI-TNFα THERAPY IN RHEUMATOID ARTHRITIS

1. Disregulated cytokine network in RA synovium is dependent on $TNF\alpha$

- 2. TNFα/TNF-Receptor upregulated in synovium
- Animal model of RA responds very well to anti TNFα administered after disease onset.



FORMAL PROOF: RANDOMISED, PLACEBO-CONTROLLED TRIAL OF INFLIXIMAB IN RHEUMATOID ARTHRITIS



Elliott, Maini, Feldmann et al, Lancet 1994; 344: 1105-10

FILLING AN UNMET NEED: EFFICACY OF ANTI-TNF WITH METHOTREXATE: ACR 50



Maini RN et al. (1998) Arthritis Rheum.; 41:1552-1563.

SUCCESS OF ANTI-TNF THERAPY IN RHEUMATOID ARTHRITIS

- 1. CONTROL OF SYMPTOMS: pain, stiffness, fatigue
- 2. CONTROL OF SIGNS: swelling, tenderness
- 3. CONTROL OF JOINT DESTRUCTION
- 4. INITIATION OF JOINT REPAIR: reduced Sharp Score
- 5. IMPROVEMENT IN HEALTH (HAQ)
- 6. > 5 x 10^6 treated patients
- 7. Long term benefit > 10 years

SAFETY ISSUES

TNF blockade interferes with host defence: Risk becoming clearer with post-marketing registries

- 1. All cause mortality and cancer not increased (BSR register)
- 2. Serious infection risk 60/1000 Pt Years: skin - same as other DMARD (BSR register)
- 3. Reduced risk of cardiovascular events? 14/1000 PtY cf 35/1000 PtY (Jacobsson et al., 2005, J Rheum. 32: 1213)
- 4. Reduced risk heart failure (Wolfe, 2004, Am J Med. 116: 305)
- 5. No increased risk lymphoma (Askling et al., 2005, Am Rheum Dis. 64: 1414)
- 6. Demyelination OVERALL: SAFER THAN PREVIOUS THERAPY

MECHANISM OF ACTION: TNFα DEPENDENT CYTOKINE CASCADE IS OPERATIVE IN VIVO



Also IL-1, GM-CSF, IL-8, VEGF etc

Charles et al (1999) J Immunol; 163: 1521-28

REDUCED LEUCOCYTE TRAFFICKING AFTER INFLIXIMAB THERAPY EXPLAINS EFFICACY IN MANY LOCAL DISEASES



Taylor et al (2000)Arthritis Rheum <u>43</u>:38-47

UNEXPECTED: ACCELERATING A THERAPEUTIC REVOLUTION

- Kohler and Milstein: 1977 mouse Mab by fusion - problem immunogenicity
- 1980's Molecular engineering **Chimeric Ab** - Infliximab, Rituximab approved 1999/2002
- 1990's Humanization & Human **Antibodies - Adalimumab** Phage Display, Engineered Mice

SALES OF MONOCLONAL ANTIBODIES

- 2012 5 of top 10 drugs Mabs anti-TNF biggest drug class Mab revolution driven by
 - anti TNFs \$30bn in 2014
 - anti cancer >\$20bn Herceptin, Avastin, Rituxan





Georges Köhler Cesar Milstein





Len Herzenberg

Greg Winter

CURRENT PROBLEMS OF ANTI-TNF THERAPY

- 1. Not all patients respond
- 2. Degree of response inadequate
- 3. Side effect profile
- 4. Cost of therapy (\$30 K)

CURRENT ANTIBODIES INDUCE PARTIAL RESPONSE



Courtesy of Professor Peter C. Taylor

NO PROGRESS THIS CENTURY

RESPONSE TO ANTI-TNF IN EARLY OR LATE STAGE RA



But no wheelchairs, walking frames, little joint surgery

Feldmann & Maini, A&R (2015) 67: 2283

ANTI-TNF THERAPY: WHY DON'T ALL RA PATIENTS RESPOND?

1. Non Responsiveness variable

non responders can respond in future

2. Possible Mechanisms

- Immunogenicity of therapeutic antibody
- Other pathways involved in disease persistence

HOW TO GET CLOSER TO A CURE FOR A MULTIGENIC/MULTIFACTORIAL DISEASE ?

DISEASE: Failure to compensate for multiple abnormal pathways

1. BIGGEST SUCCESSES Combination therapy HIV Leukaemia

3. BUT POSSIBLE

4. THE FUTURE

CHALLENGES

- 2. RISKS OF COMBINATION INFECTION Examples: anti TNF + anti IL-1 or CTLA4Ig
 - Anti TNF + MTX

Combinations with anti-TNF+MTX as bedrock ADD Inhibitors of different pathways and processes

Regulatory Authorities Legal issues Costs of combination How to predict responders? How to monitor immune function to reduce infection risk Human Immune monitoring to reduce risk

CURRENT FOCUS: WAYS OF GETTING CLOSER TO A CURE

antiTNF + MTX PLUS

- A. REDUCE INFLAMMATION/IMMUNITY IN RATIONAL COMBINATION eg anti-TNF plus anti IL-17/23 (Williams)
- B. RESTORE ABNORMAL HOMEOSTASIS eg Activate regulatory receptors – PD-1, CD200R (Davis & Williams) Upregulate Treg and FoxP3 (Brennan)
- C. REDUCE ANTIGEN LOAD eg reduce PAD enzymes (Venables)
- D. EMPIRICAL
 - eg determine what signalling pathways are dominant Challenging: serial biopsies and CytoF *(Taylor)*
- **E. INHIBITING ANGIOGENESIS**
- F. INHIBITING STROMA : FIBROBLAST LIKE SYNOVIOCYTES (FLS): eg antiMMP14, antiCAD11

COULD TARGETING ANTI-TNF PLUS FLS LEAD TO SAFE AND EFFECTIVE THERAPY?

HOW COULD FLS BE TARGETED?

Wnt pathway CAD-11 *(M. Brenner)* Cytokines IL-33, IL-32 etc Epigenetics *(S. Gay)* MMP14





COMBINATION OF FLS INHIBITION PLUS IMMUNE INHIBITION?

GETTING CLOSER TO A CURE: REDUCING RESIDUAL INFLAMMATION VIA TARGETING IL-17 PATHWAY

ANTI-TNF THERAPY INCREASES IL-17 PRODUCTION IN MICE AND





POTENTIAL SYNERGISTIC THERAPY Anti-TNF plus p40 (IL-12 and IL-23) or Pp19, IL-23 specific



HUMANS: RISK OF INFECTION COULD BE MITIGATED BY REDUCING DOSE ANTI-TNF OR INTERMITTENT THERAPY

GETTING CLOSER TO A CURE: B. RESTORING ABNORMAL HOMEOSTASIS

Activate endogenous regulatory receptors e.g. CD200R activated by CD200Fc



Simelyte, Feldmann & Williams, A&R, 2008

Richard Williams

GETTING CLOSER TO A CURE: C. REDUCING ANTIGEN LOAD

Citrullinated proteins key autoantigens in RA

Cit autoantigens: Enolase (discovered Patrick Venables) Vimentin

Fibrinogen Collagen II

Autoantibodies to Cit Protein Antigens = ACPA

ACPA influence disease

- Antibody directly e.g. osteoclasts
- Immune complexes via TLR4

HYPOTHESIS: Reducing Cit Antigens will reduce autoimmunity

HOW: Inhibiting Peptidyl Arginase Deiminases (PAD) P.Gingivalis PAD? Antibodies? Vaccines



Walter van Venrooij



Patrick Venables

REMOVING ROAD BLOCKS: BETTER DIAGNOSTICS

KEY ISSUES FOR GETTING CLOSER TO A CURE FOR RA

- 1. Which patients to treat?
- 2. How to minimise risk of infection?

APPROACH: BETTER DIAGNOSTICS

The SOMAscan Assay:

- 1. Multiplex of modified aptamers
- 2. Monitors ~4000 proteins in 100μ l

UTILITY

- 1. Can characterize patients before trials to profile likely 'Responders'
- 2. Potential to monitor immune status during trial



CONCLUSION

1. Understanding pathogenesis of RA permits effective therapy

2. Getting closer to a cure is challenging but is possible

3. MULTIPLE THERAPEUTIC TARGETS NEEDED to get closer to a cure: antiTNF + MTX
AND - restoring homeostasis T cells

- removing antigen (PAD esp PPAD)
- activating inhibitory receptors

- Inhibiting Fibroblasts

DO WE HAVE THE AMBITION TO AIM TO CURE?

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Patrick Venables

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